

XXIV Torneio Taça Cidade de Alcobaça 2020
Alcobaça, 25/1/2020

1 - Jornada Única

25/01/2020 - 15:00

Prova 1 Femin., 50m Livres Absolutos Femininos
25/01/2020 - 15:00 Resultados

Rec. Torneio 26.78 Sara, Madeira Alcobaça 2008

Lugar	Ano	Tempo final	
1. Leticia Maia, Andre	02 Benfica	27.04	9,00
2. Maria Lopes, Amado	04 Nautico Marinha Grande	28.63	7,00
3. Matilde Domingues, Gameiro	97 Náutico Académico de Coimbra	28.93	6,00
4. Camila Alexandra, Silva	03 Columbofila Cantanhedense	29.01	5,00
5. Ines Apolinario, Soares	03 Pimpoes/Cimai	29.03	4,00
6. Ana Claudia, Ferreira	90 Alcobaca	29.37	3,00
7. Marta Viola, Marques	03 Colégio Vasco da Gama	29.70	2,00
8. Beatriz Quintao, Amantes	03 União Piedense	29.79	1,00
9. Ana Filipa, Silva	04 Académica de Coimbra	30.00	-
10. Sara Dias, Neves	03 Miranda do Corvo	30.04	-
11. Maria Mousinho, Esteves	02 Laranjeiro	30.26	-
12. Madalena Correa, Sa	06 Gesloures	30.92	-
13. Dalila Leal, Bernardino	06 Nucleo de Pombal	31.04	-
14. Ana Rui, Gomes	03 Naval da Nazaré	31.16	-
15. Maria Leitao, Carvalho	02 Ba-Leiria	31.18	-
Maria Antonia, Ferraz	05 Bombeiros Estoris	31.18	-
17. Beatriz Santos, Crespo	05 Vieirense	33.07	-
18. Carolina Alexandra, Alves	04 Naval do Funchal	34.84	-
EXH Barbara Azambujo, Melo	02 Académica de Coimbra	30.57	-
EXH Maria Ines, Silva	04 Alcobaca	31.13	-
EXH Valeria Aguiar, Artigas	07 Naval do Funchal	42.51	-
EXH Alexandra, Rincu	07 Naval do Funchal	43.56	-

Prova 2 Masc., 50m Livres Absolutos Masculinos
25/01/2020 - 15:03 Resultados

Rec. Torneio 22.35 Leonardo, Schilling Alcobaça 2019

Lugar	Ano	Tempo final	
1. Miguel Henriques, Marques	00 Benfica	24.20	9,00
2. Joao Daniel, Machado	99 União Piedense	24.38	7,00
3. Miguel Vicente, Silva	02 Nautico Marinha Grande	24.53	6,00
4. Daniel Rochinha, Pedro	98 Bombeiros Estoris	24.63	5,00
5. Ricardo Saraiva, Pires	98 Laranjeiro	24.65	4,00
6. Tomas Miguel, Veloso	96 Náutico Académico de Coimbra	25.18	3,00
7. Afonso Filipe, Costa	03 Naval da Nazaré	25.19	2,00
8. Joao Pedro, Vidal	03 Vieirense	26.49	1,00
9. Joao Gabriel, Aniceto	04 Ba-Leiria	27.29	-
10. Vasco Peixoto, Oliveira	04 Alcobaca	27.42	-
11. Gabriel Jose, Julio	01 Académica de Coimbra	27.53	-
12. Miguel Dordio, Carreiro	97 Gesloures	27.68	-
13. Guilherme Carmo, Manz	03 Colégio Vasco da Gama	27.78	-
14. Guilherme Maia, Cardoso	05 Columbofila Cantanhedense	27.86	-
15. Carlos Eduardo, Bento	05 Miranda do Corvo	27.88	-
16. David Almeida, Gameiro	03 Nucleo de Pombal	28.32	-
17. Pedro Fernandes, Carrico	00 Pimpoes/Cimai	28.45	-
DNS Leonardo Filipe, Ferreira	04 Naval do Funchal		-
EXH Maxim, Kulik	99 Académica de Coimbra	26.42	-

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Prova 2, Masc., 50m Livres

Lugar	Ano	Tempo final
EXH Joao Pedro, Faria	03 Naval do Funchal	27.49 -
EXH Bernardo Antonio, Oliveira	06 Naval do Funchal	34.19 -
EXH Duarte Matias, Rosa	05 Alcobaca	36.82 -

Prova 3 Femin., 200m Bruços Infantil B Femininos
25/01/2020 - 15:06 Resultados

Rec. Torneio 2:55.30 Raquel, Pereira SAD Alcobaca 2012

Lugar	Ano	Tempo final
1. Rita Rocha, Silva	08 Alcobaca	3:15.81 9,00
50m: 45.43 45.43 100m: 1:35.11 49.68 150m: 2:26.03 50.92 200m: 3:15.81 49.78		
2. Maria Manuel, Cortesao	08 Náutico Académico de Coimbra	3:23.39 7,00
50m: 47.36 47.36 100m: 1:39.03 51.67 150m: 2:31.53 52.50 200m: 3:23.39 51.86		
3. Laura Silva, Fernandes	08 Miranda do Corvo	3:28.42 6,00
50m: 47.59 47.59 100m: 1:39.59 52.00 150m: 2:34.32 54.73 200m: 3:28.42 54.10		
4. Sofia Raposo, Tocha	08 Vieirense	3:42.34 5,00
50m: 50.83 50.83 100m: 1:48.47 57.64 150m: 2:45.91 57.44 200m: 3:42.34 56.43		
5. Mariana Rodrigues, Alexandre	08 Naval da Nazaré	4:19.99 4,00
50m: 56.14 56.14 100m: 2:05.56 1:09.42 150m: 3:14.76 1:09.20 200m: 4:19.99 1:05.23		
DNS Monica de Carvalho, Cardoso	08 Geslours	-
DNS Renata Santos, Monteiro	08 Óbidos Criativa	-

Prova 3 Femin., 200m Bruços Infantil A Femininos
25/01/2020 - 15:06 Resultados

Rec. Torneio 2:47.29 Clara, Pereira SAD Alcobaca 2015

Lugar	Ano	Tempo final
1. Leonor Carreiro, Rodrigues	07 Benfica	3:06.57 9,00
50m: 42.61 42.61 100m: 1:30.10 47.49 150m: 2:18.23 48.13 200m: 3:06.57 48.34		
2. Rita Violante, Romao	07 Alcobaca	3:18.07 7,00
50m: 44.87 44.87 100m: 1:35.58 50.71 150m: 2:27.34 51.76 200m: 3:18.07 50.73		
3. Matilde Violante, Viana	07 Ba-Leiria	3:37.28 6,00
50m: 49.25 49.25 100m: 1:44.34 55.09 150m: 2:42.28 57.94 200m: 3:37.28 55.00		
4. Carolina Ferreira, Fonseca	07 Vieirense	3:38.72 5,00
50m: 48.93 48.93 100m: 1:44.68 55.75 150m: 2:42.06 57.38 200m: 3:38.72 56.66		
5. Madalena Melo, Costa	07 Laranjeiro	3:46.76 4,00
50m: 51.82 51.82 100m: 1:48.48 56.66 150m: 2:48.37 59.89 200m: 3:46.76 58.39		
DSQ Maria Raquel, Freitas	07 Naval do Funchal	-
<i>Na viragem aos 150 metros, a nadadora tocou na parede com as mãos alternadas.</i>		
DNS Ailin Acosta, Jorge	07 Óbidos Criativa	-

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Alcobça, 25/1/2020

Prova 3, Femin., 200m Bruços

Prova 3 Femin., 200m Bruços Juvenil B Femininos
25/01/2020 - 15:06 Resultados

Rec. Torneio 2:40.66 Clara, Pereira SAD Alcobça 2016

Lugar	Ano	Tempo final	
1. Margarida Correia, Madeira 50m: 39.14 39.14 100m: 1:22.11 42.97 150m: 2:05.30 43.19 200m: 2:48.17 42.87	06 Nautico Marinha Grande	2:48.17	9,00
2. Rebeca Leonor, Antunes 50m: 38.43 38.43 100m: 1:21.78 43.35 150m: 2:07.52 45.74 200m: 2:54.22 46.70	06 Colégio Vasco da Gama	2:54.22	7,00
3. Filipa Roma, Brizida 50m: 39.50 39.50 100m: 1:24.00 44.50 150m: 2:10.85 46.85 200m: 2:56.33 45.48	06 Ba-Leiria	2:56.33	6,00
4. Beatriz Meneses, Sequeira 50m: 41.68 41.68 100m: 1:27.92 46.24 150m: 2:15.30 47.38 200m: 3:02.76 47.46	06 Naval do Funchal	3:02.76	5,00
5. Constanca Arinto, Trindade 50m: 44.56 44.56 100m: 1:32.32 47.76 150m: 2:21.10 48.78 200m: 3:09.57 48.47	06 Alcobaca	3:09.57	4,00
6. Matilde Fonseca, Oliveira 50m: 43.61 43.61 100m: 1:31.23 47.62 150m: 2:20.36 49.13 200m: 3:11.21 50.85	06 Miranda do Corvo	3:11.21	3,00
7. Catarina Coutinho, Lima 50m: 44.31 44.31 100m: 2:24.68 1:40.37 200m: 3:16.04 51.36	06 Benfica	3:16.04	2,00
8. Beatriz Goncalves, Correia 50m: 44.29 44.29 100m: 1:35.39 51.10 150m: 2:27.64 52.25 200m: 3:20.04 52.40	06 Benedita	3:20.04	1,00
9. Patricia Sofia, Coelho 50m: 50.16 50.16 100m: 1:45.60 55.44 150m: 2:39.84 54.24 200m: 3:34.67 54.83	06 Geslours	3:34.67	-

Prova 3 Femin., 200m Bruços Juvenil A Femininos
25/01/2020 - 15:06 Resultados

Rec. Torneio 2:35.69 Raquel, Pereira SAD Alcobça 2015

Lugar	Ano	Tempo final	
1. Juliana Branco, Reis 50m: 37.94 37.94 100m: 1:21.29 43.35 150m: 2:06.49 45.20 200m: 2:51.42 44.93	05 Alcobaca	2:51.42	9,00
2. Maria Ines, Alves 50m: 42.45 42.45 100m: 1:30.10 47.65 150m: 2:18.23 48.13 200m: 3:06.98 48.75	05 Académica de Coimbra	3:06.98	7,00
3. Rita Lima, Pires 50m: 42.75 42.75 100m: 1:31.37 48.62 150m: 2:19.77 48.40 200m: 3:07.90 48.13	05 Náutico Académico de Coimbra	3:07.90	6,00
4. Beatriz da Silva, Conceição 50m: 43.82 43.82 100m: 1:34.54 50.72 150m: 2:27.35 52.81 200m: 3:19.11 51.76	05 Benedita	3:19.11	5,00

Prova 3 Femin., 200m Bruços Absolutos Femininos (JUN +SEN)
25/01/2020 - 15:06 Resultados

Rec. Torneio 2:28.89 Victoria, Kaminskaya Alcobça 2012

Lugar	Ano	Tempo final	
1. Maria Caetano, Lamas 50m: 38.23 38.23 100m: 1:22.22 43.99 150m: 2:06.39 44.17 200m: 2:49.77 43.38	04 Miranda do Corvo	2:49.77	9,00
2. Claudia Beatriz, Martins 50m: 40.26 40.26 100m: 1:26.07 45.81 150m: 2:12.58 46.51 200m: 2:58.93 46.35	03 Geslours	2:58.93	7,00
3. Alexandra Cordeiro, Silva 50m: 40.59 40.59 100m: 1:26.21 45.62 150m: 2:13.24 47.03 200m: 3:00.49 47.25	04 Alcobaca	3:00.49	6,00
4. Carolina Pereira, Pedrosa 50m: 41.32 41.32 100m: 1:27.48 46.16 150m: 2:14.20 46.72 200m: 3:02.11 47.91	02 Vieiraense	3:02.11	5,00

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Prova 3, Femin., 200m Bruços

Lugar	Ano	Tempo final	
EXH Maria Carolina, Vargas 50m: 40.93 40.93	05 Benfica	2:55.44	-
EXH Maria Ines, Marques 50m: 41.59 41.59	05 Alcobaca	3:01.24	-
EXH Ana Rodrigues, Abreu 50m: 43.42 43.42	06 Naval do Funchal	3:13.01	-
EXH Madalena Leonor, Figueira 50m: 43.14 43.14	07 Naval do Funchal	3:13.28	-
EXH Ana Luisa, Rendeiro 50m: 45.99 45.99	06 Nucleo de Pombal	3:20.02	-
EXH Matilde Sousa, Andrade 50m: 47.10 47.10	08 Naval do Funchal	3:29.85	-
EXH Julia Freitas, Pereira 50m: 48.33 48.33	08 Naval do Funchal	3:36.70	-
EXH Francisca Peixoto, Oliveira 50m: 49.23 49.23	08 Alcobaca	3:42.92	-
EXH Renata Heitor, Lopes 50m: 55.65 55.65	08 Alcobaca	3:58.91	-

Prova 4
25/01/2020 - 15:27

Masc., 200m Bruços

Infantil B Masculinos
Resultados

Rec. Torneio	2:44.00	Diogo, Silva	CNAI	Alcobaça	2006
Lugar	Ano	Tempo final			
1. Goncalo Pereira, Colaco 50m: 42.63 42.63	07 Ba-Leiria	3:03.31	9,00		
2. Rafael Pacheco, Godinho 50m: 41.43 41.43	07 Benfica	3:03.86	7,00		
3. Joao Pedro, Carapinha 50m: 43.21 43.21	07 União Piedense	3:11.32	6,00		
4. Francisco Jose, Fragoso 50m: 47.25 47.25	07 Vieirense	3:32.10	5,00		
5. Rodrigo Diniz, Figueira 50m: 51.94 51.94	07 Naval da Nazaré	3:56.54	4,00		
DSQ Nuno Martim, Silva <i>Falsa partida.</i>	07 Óbidos Criativa		-		

Prova 4
25/01/2020 - 15:27

Masc., 200m Bruços

Infantil A Masculinos
Resultados

Rec. Torneio	2:33.59	Antonio, Carriço	PIMP	Alcobaça	2012
Lugar	Ano	Tempo final			
1. Joao Oliveira, Setim 50m: 40.59 40.59	06 Naval do Funchal	3:03.27	9,00		
2. Pedro Crispim, Jorge 50m: 41.53 41.53	06 União Piedense	3:06.18	7,00		
3. Luca Valentino, Tona 50m: 45.10 45.10	06 Pimpoes/Cimai	3:20.42	6,00		
4. Rodrigo Onofre, Matos 50m: 47.63 47.63	06 Geslours	3:29.85	5,00		

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Prova 4, Masc., 200m Bruços, Infantil A Masculinos

Lugar	Ano	Tempo final
5. Gabriel Lourenco, Custodio	06 Naval da Nazaré	3:42.37 4,00
50m: 49.88 49.88	100m: 1:47.22 57.34	150m: 2:45.20 57.98
		200m: 3:42.37 57.17

Prova 4 Masc., 200m Bruços Juvenil B masculinos
25/01/2020 - 15:27 Resultados

Rec. Torneio	2:27.62	Ricardo Samuel, Pereira	SLB	Alcobaça	2018
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Lugar	Ano	Tempo final
1. Gonçalo Duarte, Carvalho	05 Benfica	2:39.12 9,00
50m: 35.54 35.54	100m: 1:15.60 40.06	150m: 1:57.04 41.44
		200m: 2:39.12 42.08
2. Tony Stefano, Silva	05 Naval do Funchal	2:47.23 7,00
50m: 35.16 35.16	100m: 1:16.96 41.80	150m: 2:02.32 45.36
		200m: 2:47.23 44.91
3. Pedro Pinheiro, Ribeiro	05 Benedita	2:47.84 6,00
50m: 37.55 37.55	100m: 1:20.53 42.98	150m: 2:03.98 43.45
		200m: 2:47.84 43.86
4. Dylan Marques, Felix	05 Pimpoes/Cimai	2:51.14 5,00
50m: 39.03 39.03	100m: 1:22.26 43.23	150m: 2:06.95 44.69
		200m: 2:51.14 44.19
5. Tomas Jose, Francisco	05 Miranda do Corvo	2:52.83 4,00
50m: 40.07 40.07	100m: 1:24.98 44.91	150m: 2:08.96 43.98
		200m: 2:52.83 43.87
6. Daniel Munoz, Lopes	05 Gesloures	3:05.32 3,00
50m: 42.04 42.04	100m: 1:29.54 47.50	150m: 2:17.26 47.72
		200m: 3:05.32 48.06
DNS Lucas Filipe, Moreira	05 Ba-Leiria	-

Prova 4 Masc., 200m Bruços Juvenil A Masculinos
25/01/2020 - 15:27 Resultados

Rec. Torneio	2:23.46	Carlos, Almeida	CNA	Alcobaça	2004
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Lugar	Ano	Tempo final
1. Daniel, Tsykal	04 Alcobaca	2:31.72 9,00
50m: 34.23 34.23	100m: 1:12.97 38.74	150m: 1:53.00 40.03
		200m: 2:31.72 38.72
2. Joao Gabriel, Aniceto	04 Ba-Leiria	2:36.95 7,00
50m: 35.89 35.89	100m: 1:16.60 40.71	150m: 1:56.88 40.28
		200m: 2:36.95 40.07
3. Daniel Elias, Duarte	04 Laranjeiro	2:55.38 6,00
50m: 39.65 39.65	100m: 1:23.78 44.13	150m: 2:09.70 45.92
		200m: 2:55.38 45.68
4. Leonardo Martins, Goncalves	04 Pimpoes/Cimai	3:15.52 5,00
50m: 41.79 41.79	100m: 1:31.26 49.47	150m: 2:23.59 52.33
		200m: 3:15.52 51.93

Prova 4 Masc., 200m Bruços Absolutos Masculinos (JUN +SEN)
25/01/2020 - 15:27 Resultados

Rec. Torneio	2:12.60	Nuno, Quintanilha	Alcobaça	2015
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Lugar	Ano	Tempo final
1. Tomas Antonio, Silva	01 Naval do Funchal	2:23.21 9,00
50m: 32.75 32.75	100m: 1:09.33 36.58	150m: 1:45.60 36.27
		200m: 2:23.21 37.61
2. Bruno Miguel, Martins	93 Gesloures	2:26.94 7,00
50m: 33.59 33.59	100m: 1:10.21 36.62	150m: 1:48.43 38.22
		200m: 2:26.94 38.51
3. Joao Luis, Matos	03 Colégio Vasco da Gama	2:35.45 6,00
50m: 42.00 42.00	100m: 1:13.82 31.82	150m: 1:54.58 40.76
		200m: 2:35.45 40.87
4. Vasco Pereira, Bastos	02 Náutico Académico de Coimbra	2:36.50 5,00
50m: 35.51 35.51	100m: 1:15.29 39.78	150m: 1:55.83 40.54
		200m: 2:36.50 40.67
5. Manuel Maria, Frois	02 Ba-Leiria	2:48.29 4,00
50m: 36.56 36.56	100m: 1:19.67 43.11	150m: 2:04.39 44.72
		200m: 2:48.29 43.90

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Prova 4, Masc., 200m Bruços, Absolutos Masculinos (JUN +SEN)

Lugar	Ano	Tempo final
DNS Gonçalo Moreira, Santos	01 Académica de Coimbra	-
EXH Vasco Peixoto, Oliveira	04 Alcobaca	2:39.32 -
50m: 35.82 35.82 100m: 1:16.33 40.51 150m: 1:57.91 41.58 200m: 2:39.32 41.41		
EXH Goncalo Miguel, Rodrigues	03 Bombeiros Estoris	2:50.87 -
50m: 38.83 38.83 100m: 1:22.37 43.54 150m: 2:06.77 44.40 200m: 2:50.87 44.10		
EXH Jose Miguel, Silva	02 Náutico Académico de Coimbra	2:51.98 -
50m: 38.38 38.38 100m: 1:22.05 43.67 150m: 2:07.75 45.70 200m: 2:51.98 44.23		
EXH Afonso Santos, Silva	06 Nucleo de Pombal	3:13.07 -
50m: 42.97 42.97 100m: 1:32.31 49.34 150m: 2:22.94 50.63 200m: 3:13.07 50.13		
EXH Afonso Mar, Silva	06 Naval do Funchal	3:14.62 -
50m: 42.61 42.61 100m: 1:31.76 49.15 150m: 2:23.63 51.87 200m: 3:14.62 50.99		
EXH Joao Caldeira, Araujo	07 Naval do Funchal	3:17.72 -
50m: 45.01 45.01 100m: 1:36.13 51.12 150m: 2:28.09 51.96 200m: 3:17.72 49.63		
EXH Joaquim Eduardo, Carvalho	07 Naval do Funchal	3:45.75 -
50m: 50.65 50.65 100m: 1:49.59 58.94 150m: 2:48.08 58.49 200m: 3:45.75 57.67		

Prova 5
25/01/2020 - 15:47

Femin., 200m Livres

Infantil B Femininos
Resultados

Rec. Torneio	2:21.41	Ana, Reis	SCC	Alcobaça	2012
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Lugar	Ano	Tempo final
1. Carolina Fernandes, Rodrigues	08 União Piedense	2:31.20 9,00
50m: 35.28 35.28 100m: 1:14.29 39.01 150m: 1:54.40 40.11 200m: 2:31.20 36.80		
2. Ana Beatriz, Pires	08 Benfica	2:38.18 7,00
50m: 36.47 36.47 100m: 1:17.31 40.84 150m: 1:59.24 41.93 200m: 2:38.18 38.94		
3. Victoria Frogeri, Pereira	08 Ba-Leiria	2:44.75 6,00
50m: 37.39 37.39 100m: 1:21.29 43.90 150m: 2:04.93 43.64 200m: 2:44.75 39.82		
4. Maria Manuel, Cortesao	08 Náutico Académico de Coimbra	2:50.38 5,00
50m: 38.37 38.37 100m: 1:20.88 42.51 150m: 2:05.81 44.93 200m: 2:50.38 44.57		
5. Catarina Sargaco, Teixeira	08 Columbofila Cantanhedense	2:56.68 4,00
50m: 40.76 40.76 100m: 1:26.41 45.65 150m: 2:12.90 46.49 200m: 2:56.68 43.78		
6. Barbara Candido, Rodrigues	08 Pimpoes/Cimai	3:11.71 3,00
50m: 44.33 44.33 100m: 1:34.23 49.90 150m: 2:25.13 50.90 200m: 3:11.71 46.58		
7. Mariana Rodrigues, Alexandre	08 Naval da Nazaré	3:44.21 2,00
50m: 49.15 49.15 100m: 1:47.05 57.90 150m: 2:48.95 1:01.90 200m: 3:44.21 55.26		

Prova 5
25/01/2020 - 15:47

Femin., 200m Livres

Infantil A Femininos
Resultados

Rec. Torneio	2:14.47	Catia, Martinheira	LDC	Alcobaça	2008
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Lugar	Ano	Tempo final
1. Luisa Ponte, Jorge	07 União Piedense	2:27.10 9,00
50m: 33.53 33.53 100m: 1:11.56 38.03 150m: 1:49.52 37.96 200m: 2:27.10 37.58		
2. Maria Leonor, Rodrigues	07 Bombeiros Estoris	2:30.42 7,00
50m: 33.83 33.83 100m: 1:11.96 38.13 150m: 1:51.99 40.03 200m: 2:30.42 38.43		
3. Lara Carvalho, Santos	07 Náutico Académico de Coimbra	2:39.06 6,00
50m: 36.85 36.85 100m: 1:17.27 40.42 150m: 1:59.33 42.06 200m: 2:39.06 39.73		
4. Maria do Rosário, Matela	07 Colégio Vasco da Gama	2:40.34 5,00
50m: 37.12 37.12 100m: 1:18.92 41.80 150m: 2:01.40 42.48 200m: 2:40.34 38.94		

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Prova 5, Femin., 200m Livres, Infantil A Femininos

Lugar	Ano	Tempo final
5. Marta Filipa, Cruz 50m: 36.39 36.39 100m: 1:18.51	07 Laranjeiro	2:42.94 4,00 2:42.94 41.38
6. Madalena Leonor, Figueira 50m: 37.87 37.87 100m: 1:21.24	07 Naval do Funchal	2:48.97 3,00 2:48.97 42.13
7. Carolina Ferreira, Fonseca 50m: 38.74 38.74 100m: 1:22.02	07 Vieiraense	2:50.55 2,00 2:50.55 43.89
8. Matilde Santos, Coutinho 50m: 39.09 39.09 100m: 1:24.06	07 Naval da Nazaré	2:58.72 1,00 2:58.72 47.70
DNS Margarida Rodrigues, Gouveia	07 Geslours	-

Prova 5 Femin., 200m Livres Juvenil B Femininos
25/01/2020 - 15:47 Resultados

Rec. Torneio 2:09.25 Susana, Miguel SFUAP Alcobaça 2004

Lugar	Ano	Tempo final
1. Leonor Verissimo, Faria 50m: 33.45 33.45 100m: 1:09.54	06 Nucleo de Pombal	2:21.26 9,00 2:21.26 35.33
2. Carolina Martins, Camacho 50m: 33.81 33.81 100m: 1:10.13	06 União Piedense	2:25.30 7,00 2:25.30 37.42
3. Sofia Simao, Cunha 50m: 32.78 32.78 100m: 1:09.02	06 Pimpoes/Cimai	2:25.47 6,00 2:25.47 38.33
4. Luana Cardoso, Magalhaes 50m: 33.42 33.42 100m: 1:10.55	06 Bombeiros Estoris	2:25.60 5,00 2:25.60 37.19
5. Joana Filipa, Varela 50m: 33.85 33.85 100m: 1:11.74	06 Náutico Académico de Coimbra	2:31.84 4,00 2:31.84 40.23
6. Catarina Coutinho, Lima 50m: 35.11 35.11 100m: 1:13.56	06 Benfica	2:32.11 3,00 2:32.11 38.76
7. Leonor Caetano, Moreira 50m: 34.46 34.46 100m: 1:12.67	06 Vieiraense	2:33.83 2,00 2:33.83 40.43
8. Maria Inês, Esteves 50m: 35.71 35.71 100m: 1:16.77	06 Naval da Nazaré	2:40.10 1,00 2:40.10 41.29
9. Patricia Sofia, Coelho 50m: 40.84 40.84 100m: 1:27.05	06 Geslours	3:01.67 - 3:01.67 46.88

Prova 5 Femin., 200m Livres Juvenil A Femininos
25/01/2020 - 15:47 Resultados

Rec. Torneio 2:10.01 Filipa, Rodrigues AFUAP Alcobaça 2016

Lugar	Ano	Tempo final
1. Iris Pereira, Carrao 50m: 32.59 32.59 100m: 1:06.71	05 Laranjeiro	2:18.06 9,00 2:18.06 35.79
2. Juliana Branco, Reis 50m: 32.31 32.31 100m: 1:07.90	05 Alcobaca	2:20.04 7,00 2:20.04 35.13
3. Sara Nunes, Conceicao 50m: 32.43 32.43 100m: 1:08.55	05 União Piedense	2:21.67 6,00 2:21.67 36.24
4. Simone Filipe, Monteiro 50m: 32.79 32.79 100m: 1:08.85	05 Geslours	2:23.33 5,00 2:23.33 37.06
5. Barbara Cunha, Ventura 50m: 33.72 33.72 100m: 1:10.52	05 Benfica	2:26.84 4,00 2:26.84 38.41
6. Beatriz Pereira, Marques 50m: 35.49 35.49 100m: 1:13.84	05 Columbofila Cantanhedense	2:30.73 3,00 2:30.73 37.77

XXIV Torneio Taça Cidade de Alcobaça 2020
Alcobaça, 25/1/2020

Prova 5, Femin., 200m Livres, Juvenil A Femininos

Lugar	Ano	Tempo final
7. Maria Silva, Carvalho	05 Pimpoes/Cimai	2:32.13 2,00
50m: 33.91 33.91 100m: 1:11.33 37.42 150m: 1:51.42 40.09 200m: 2:32.13 40.71		
8. Maria Antonia, Ferraz	05 Bombeiros Estoris	2:34.65 1,00
50m: 34.58 34.58 100m: 1:13.71 39.13 150m: 1:54.76 41.05 200m: 2:34.65 39.89		
9. Beatriz Santos, Crespo	05 Vieiraense	2:40.87 -
50m: 36.68 36.68 100m: 1:17.88 41.20 150m: 2:00.76 42.88 200m: 2:40.87 40.11		

Prova 5 Femin., 200m Livres Absolutos Femininos (JUN +SEN)
25/01/2020 - 15:47 Resultados

Rec. Torneio 2:06.79 Sara, Loureiro Alcobaça 2005

Lugar	Ano	Tempo final
1. Leticia Maia, Andre <i>Recorde do Torneio.</i>	02 Benfica	2:04.52 9,00
50m: 28.64 28.64 100m: 59.87 31.23 150m: 1:32.09 32.22 200m: 2:04.52 32.43		
2. Camila Alexandra, Silva	03 Columbofila Cantanhedense	2:12.16 7,00
50m: 31.52 31.52 100m: 1:04.40 32.88 150m: 1:38.39 33.99 200m: 2:12.16 33.77		
3. Ines Filipa, Jacinto	03 Ba-Leiria	2:16.01 6,00
50m: 31.04 31.04 100m: 1:04.74 33.70 150m: 1:40.22 35.48 200m: 2:16.01 35.79		
4. Margarida Carvalho, Barao	04 Colégio Vasco da Gama	2:20.20 5,00
50m: 32.48 32.48 100m: 1:08.14 35.66 150m: 1:44.57 36.43 200m: 2:20.20 35.63		
5. Ana Filipa, Silva	04 Académica de Coimbra	2:20.38 4,00
50m: 33.17 33.17 100m: 1:08.95 35.78 150m: 1:45.45 36.50 200m: 2:20.38 34.93		
6. Claudia Beatriz, Martins	03 Gesloures	2:21.48 3,00
50m: 32.52 32.52 100m: 1:07.88 35.36 150m: 1:44.66 36.78 200m: 2:21.48 36.82		
7. Marta Domingues, Gameiro	04 Náutico Académico de Coimbra	2:25.41 2,00
50m: 33.86 33.86 100m: 1:11.19 37.33 150m: 1:48.32 37.13 200m: 2:25.41 37.09		
8. Matilde Pereira, Carrao	03 Laranjeiro	2:27.03 1,00
50m: 33.61 33.61 100m: 1:10.38 36.77 150m: 1:48.91 38.53 200m: 2:27.03 38.12		
9. Camila Gracio, Santo	02 Naval da Nazaré	2:46.87 -
50m: 37.29 37.29 100m: 1:19.71 42.42 150m: 2:03.90 44.19 200m: 2:46.87 42.97		
EXH Madalena Sampaio, Torgal	05 Bombeiros Estoris	2:30.16 -
50m: 33.90 33.90 100m: 1:11.90 38.00 150m: 1:51.22 39.32 200m: 2:30.16 38.94		
EXH Laura Rodrigues, Margato	04 Académica de Coimbra	2:31.19 -
50m: 34.82 34.82 100m: 1:12.96 38.14 150m: 1:52.42 39.46 200m: 2:31.19 38.77		
EXH Maria Carolina, Vargas	05 Benfica	2:31.36 -
50m: 36.28 36.28 100m: 1:14.93 38.65 150m: 1:53.51 38.58 200m: 2:31.36 37.85		
EXH Maria Leonor, Ferro	06 Naval do Funchal	2:33.58 -
50m: 35.93 35.93 100m: 1:14.97 39.04 150m: 1:54.90 39.93 200m: 2:33.58 38.68		
EXH Isabel Vasconcelos, Roveri	06 Naval do Funchal	2:38.94 -
50m: 36.65 36.65 100m: 1:17.17 40.52 150m: 1:59.39 42.22 200m: 2:38.94 39.55		
EXH Ines Sofia, Pimenta	07 Alcobaca	2:47.21 -
50m: 39.25 39.25 100m: 1:22.39 43.14 150m: 2:05.83 43.44 200m: 2:47.21 41.38		
EXH Rita Alexandra, Rebelo	08 Alcobaca	2:47.80 -
50m: 39.54 39.54 100m: 1:22.37 42.83 150m: 2:06.22 43.85 200m: 2:47.80 41.58		
EXH Constanca Mendes, Silva	08 Alcobaca	3:04.18 -
50m: 41.84 41.84 100m: 1:31.59 49.75 150m: 2:18.97 47.38 200m: 3:04.18 45.21		
EXH Luana Ferreira, Sousa	08 Alcobaca	3:19.00 -
50m: 42.71 42.71 100m: 1:33.75 51.04 150m: 2:27.12 53.37 200m: 3:19.00 51.88		

XXIV Torneio Taça Cidade de Alcobça 2020
Alcobça, 25/1/2020

Prova 5, Femin., 200m Livres

Lugar	Ano	Tempo final
EXH Madalena Saldanha, Quintal	08 Naval do Funchal	3:28.65 -
50m: 46.57 46.57 100m: 1:41.12 54.55 150m: 2:35.53 54.41 200m: 3:28.65 53.12		

Prova 6

Masc., 200m Livres

Infantil B Masculinos

25/01/2020 - 16:12

Resultados

Rec. Torneio	2:06.04	Nathan, Theodoris	LDC	Alcobça	2008
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Lugar	Ano	Tempo final
1. Martim Alexandre, Silva	07 Columbofila Cantanhedense	2:21.47 9,00
50m: 33.44 33.44 100m: 1:08.47 35.03 150m: 1:45.27 36.80 200m: 2:21.47 36.20		
2. Tomás Santos, Braga	07 Colégio Vasco da Gama	2:25.80 7,00
50m: 33.47 33.47 100m: 1:11.27 37.80 150m: 1:50.51 39.24 200m: 2:25.80 35.29		
3. Joao Pedro, Carapinha	07 União Piedense	2:30.42 6,00
50m: 36.63 36.63 100m: 1:15.52 38.89 150m: 1:54.06 38.54 200m: 2:30.42 36.36		
4. Gabriel Martins, Tusan	07 Geslours	2:41.16 5,00
50m: 34.58 34.58 100m: 1:16.84 42.26 150m: 2:00.78 43.94 200m: 2:41.16 40.38		
5. Gabriel Santos, Alves	07 Laranjeiro	2:44.10 4,00
50m: 35.91 35.91 100m: 1:18.04 42.13 150m: 2:02.31 44.27 200m: 2:44.10 41.79		
6. Mateus Marques, Machado	07 Benedita	2:47.62 3,00
50m: 36.71 36.71 100m: 1:19.47 42.76 150m: 2:05.28 45.81 200m: 2:47.62 42.34		
7. Rodrigo Diniz, Figueira	07 Naval da Nazaré	3:01.86 2,00
50m: 39.68 39.68 100m: 1:24.94 45.26 150m: 2:13.42 48.48 200m: 3:01.86 48.44		
8. Andre Filipe, Fernandes	07 Alcobça	3:05.62 1,00
50m: 42.97 42.97 100m: 1:31.41 48.44 150m: 2:20.46 49.05 200m: 3:05.62 45.16		
9. Nuno Martim, Silva	07 Óbidos Criativa	3:21.51 -
50m: 46.27 46.27 100m: 1:38.74 52.47 150m: 2:31.65 52.91 200m: 3:21.51 49.86		
DNS Jose Januario, Marques	07 Pimpoes/Cimai	-

Prova 6

Masc., 200m Livres

Infantil A Masculinos

25/01/2020 - 16:12

Resultados

Rec. Torneio	1:59.63	Nathan, Theodoris	LDC	Alcobça	2009
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Lugar	Ano	Tempo final
1. Edgar Francisco, Simoes	06 Vieiraense	2:22.33 9,00
50m: 32.34 32.34 100m: 1:09.01 36.67 150m: 1:46.71 37.70 200m: 2:22.33 35.62		
2. Gabriel Zimas, Jacinto	06 Ba-Leiria	2:24.05 7,00
50m: 32.56 32.56 100m: 1:09.61 37.05 150m: 1:47.86 38.25 200m: 2:24.05 36.19		
3. Eduardo Caetano, Montez	06 Benedita	2:28.73 6,00
50m: 32.47 32.47 100m: 1:11.22 38.75 150m: 1:50.60 39.38 200m: 2:28.73 38.13		
4. Vasco Pedro, Branco	06 Naval da Nazaré	2:30.26 5,00
50m: 34.54 34.54 100m: 1:13.20 38.66 150m: 1:52.02 38.82 200m: 2:30.26 38.24		
5. Rafael Costa, Jesus	06 Nautico Marinha Grande	2:30.51 4,00
50m: 33.81 33.81 100m: 1:11.05 37.24 150m: 1:50.66 39.61 200m: 2:30.51 39.85		
6. Simao Domingues, Paz	06 Miranda do Corvo	2:45.56 3,00
50m: 36.98 36.98 100m: 1:18.49 41.51 150m: 2:02.52 44.03 200m: 2:45.56 43.04		
DNS Henrique Tavares, Dias	06 Náutico Académico de Coimbra	-

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Prova 6, Masc., 200m Livres

Prova 6 Masc., 200m Livres Juvenil B masculinos
25/01/2020 - 16:12 Resultados

Rec. Torneio 1:58.32 Diogo, Ribeiro CUC Alcobaça 2019

Lugar	Ano	Tempo final	
1. Tomas Amor, Sarreira 50m: 28.65 28.65 100m: 1:00.47	05 Nautico Marinha Grande	2:03.86 9,00	31.82 150m: 1:32.81 32.34 200m: 2:03.86 31.05
2. Jose Miguel, Rocha 50m: 30.53 30.53 100m: 1:02.78	05 Columbofila Cantanhedense	2:08.31 7,00	32.25 150m: 1:36.17 33.39 200m: 2:08.31 32.14
3. Afonso Miguel, Amado 50m: 30.11 30.11 100m: 1:02.86	05 Miranda do Corvo	2:08.85 6,00	32.75 150m: 1:36.49 33.63 200m: 2:08.85 32.36
4. Joao Luis, Rodrigues 50m: 30.69 30.69 100m: 1:04.82	05 Naval do Funchal	2:12.55 5,00	34.13 150m: 1:39.20 34.38 200m: 2:12.55 33.35
5. Joel Michael, Fribergh 50m: 31.46 31.46 100m: 1:06.35	05 Bombeiros Estoris	2:17.53 4,00	34.89 150m: 1:42.75 36.40 200m: 2:17.53 34.78
6. Dylan Marques, Felix 50m: 31.97 31.97 100m: 1:08.26	05 Pimpoes/Cimai	2:21.13 3,00	36.29 150m: 1:44.75 36.49 200m: 2:21.13 36.38
7. Daniel Munoz, Lopes 50m: 32.18 32.18 100m: 1:08.74	05 Geslours	2:25.87 2,00	36.56 150m: 1:47.79 39.05 200m: 2:25.87 38.08

Prova 6 Masc., 200m Livres Juvenil A Masculinos
25/01/2020 - 16:12 Resultados

Rec. Torneio 1:56.12 Nathan, Theodoris LDC Alcobaça 2011

Lugar	Ano	Tempo final	
1. Daniel, Tsykal 50m: 29.41 29.41 100m: 1:01.72	04 Alcobaca	2:08.81 9,00	32.31 150m: 1:35.60 33.88 200m: 2:08.81 33.21
2. Lucas Pipiraite, Cardoso 50m: 30.53 30.53 100m: 1:04.11	04 Naval da Nazaré	2:12.03 7,00	33.58 150m: 1:38.53 34.42 200m: 2:12.03 33.50
3. Leonardo Filipe, Ferreira 50m: 30.42 30.42 100m: 1:04.77	04 Naval do Funchal	2:16.68 6,00	34.35 150m: 1:41.02 36.25 200m: 2:16.68 35.66
4. Ricardo Pedrosa, Soares 50m: 31.97 31.97 100m: 1:08.25	04 Vieiraense	2:23.05 5,00	36.28 150m: 1:45.52 37.27 200m: 2:23.05 37.53
5. Rodrigo Rebelo, Pereira 50m: 33.11 33.11 100m: 1:09.77	04 Laranjeiro	2:26.02 4,00	36.66 150m: 1:47.88 38.11 200m: 2:26.02 38.14
DNS Rodrigo Neves, Fernandes	04 Geslours	-	

Prova 6 Masc., 200m Livres Absolutos Masculinos (JUN +SEN)
25/01/2020 - 16:12 Resultados

Rec. Torneio 1:51.86 Mário, Pereira Alcobaça 2017

Lugar	Ano	Tempo final	
1. Pedro Barata, Neves 50m: 27.78 27.78 100m: 57.75	00 Laranjeiro	1:58.27 9,00	29.97 150m: 1:28.21 30.46 200m: 1:58.27 30.06
2. Diogo Ramos, Lebre 50m: 28.13 28.13 100m: 58.20	01 Benfica	1:58.35 7,00	30.07 150m: 1:29.59 31.39 200m: 1:58.35 28.76
3. Afonso Filipe, Costa 50m: 27.35 27.35 100m: 58.10	03 Naval da Nazaré	2:00.55 6,00	30.75 150m: 1:29.07 30.97 200m: 2:00.55 31.48
4. Antonio Santos, Pereira 50m: 28.12 28.12 100m: 59.63	03 Bombeiros Estoris	2:00.73 5,00	31.51 150m: 1:30.44 30.81 200m: 2:00.73 30.29
5. Miguel Vicente, Silva 50m: 28.26 28.26 100m: 58.80	02 Nautico Marinha Grande	2:01.50 4,00	30.54 150m: 1:30.27 31.47 200m: 2:01.50 31.23

XXIV Torneio Taça Cidade de Alcobaca 2020
Alcobaca, 25/1/2020

Prova 6, Masc., 200m Livres, Absolutos Masculinos (JUN +SEN)

Lugar			Ano					Tempo final	
6.	Carlos Manuel, Marques	00	Académica de Coimbra					2:09.83	3,00
	50m: 29.78 29.78	100m: 1:01.79	32.01	150m: 1:35.63	33.84	200m: 2:09.83	34.20		
7.	Bruno Miguel, Martins	93	Geslours					2:11.16	2,00
	50m: 28.80 28.80	100m: 1:01.45	32.65	150m: 1:36.04	34.59	200m: 2:11.16	35.12		
8.	Joao Pedro, Vidal	03	Vieirense					2:12.13	1,00
	50m: 29.64 29.64	100m: 1:03.04	33.40	150m: 1:37.71	34.67	200m: 2:12.13	34.42		
9.	David Almeida, Gameiro	03	Nucleo de Pombal					2:13.81	-
	50m: 31.24 31.24	100m: 1:04.90	33.66	150m: 1:39.55	34.65	200m: 2:13.81	34.26		
10.	Manuel Maria, Frois	02	Ba-Leiria					2:24.27	-
	50m: 31.28 31.28	100m: 1:07.88	36.60	150m: 1:46.05	38.17	200m: 2:24.27	38.22		
EXH	Gabriel Jose, Julio	01	Académica de Coimbra					2:09.03	-
	50m: 29.65 29.65	100m: 1:02.63	32.98	150m: 1:36.70	34.07	200m: 2:09.03	32.33		
EXH	Alexandre, Volozhenin	05	Naval do Funchal					2:16.33	-
	50m: 31.07 31.07	100m: 1:05.45	34.38	150m: 1:41.06	35.61	200m: 2:16.33	35.27		
EXH	Antonio Iuri, Ladyka	05	Alcobaca					2:16.55	-
	50m: 30.45 30.45	100m: 1:05.10	34.65	150m: 1:41.05	35.95	200m: 2:16.55	35.50		
EXH	Joao Pedro, Faria	03	Naval do Funchal					2:18.40	-
	50m: 31.03 31.03	100m: 1:05.49	34.46	150m: 1:42.04	36.55	200m: 2:18.40	36.36		
EXH	Lourenco Quintas, Sousa	05	Naval do Funchal					2:20.00	-
	50m: 31.92 31.92	100m: 1:07.32	35.40	150m: 1:44.51	37.19	200m: 2:20.00	35.49		
EXH	Tiago Brazao, Neves	07	Naval do Funchal					2:32.56	-
	50m: 36.10 36.10	100m: 1:15.34	39.24	150m: 1:55.00	39.66	200m: 2:32.56	37.56		
EXH	Lucas Santos, Pereira	07	Naval do Funchal					2:34.17	-
	50m: 36.32 36.32	100m: 1:16.49	40.17	150m: 1:57.06	40.57	200m: 2:34.17	37.11		
EXH	Joao Gomes, Caires	06	Naval do Funchal					2:43.11	-
	50m: 35.72 35.72	100m: 1:17.86	42.14	150m: 2:01.76	43.90	200m: 2:43.11	41.35		
EXH	Maximo, Nachychko	06	Naval do Funchal					2:45.86	-
	50m: 35.60 35.60	100m: 1:18.74	43.14	150m: 2:03.72	44.98	200m: 2:45.86	42.14		
EXH	Afonso Joao, Tavares	07	Alcobaca					3:34.45	-
	50m: 48.54 48.54	100m: 1:45.63	57.09	150m: 2:41.13	55.50	200m: 3:34.45	53.32		

Prova 7

25/01/2020 - 16:37

Femin., 200m Mariposa

Infantil B Femininos

Resultados

Rec. Torneio 2:41.00 Giovanna, Vargas DNMG Alcobaca 2012

Lugar			Ano					Tempo final	
1.	Matilde Sousa, Andrade	08	Naval do Funchal					3:19.17	9,00
	50m: 41.38 41.38	100m: 1:30.34	48.96	150m: 2:23.99	53.65	200m: 3:19.17	55.18		
2.	Francisca Santos, Fernandes	08	Miranda do Corvo					3:20.90	7,00
	50m: 43.68 43.68	100m: 1:35.16	51.48	150m: 2:28.11	52.95	200m: 3:20.90	52.79		

XXIV Torneio Taça Cidade de Alcobaça 2020
Alcobaça, 25/1/2020

Prova 7, Femin., 200m Mariposa

Prova 7 Femin., 200m Mariposa Infantil A Femininos
25/01/2020 - 16:37 Resultados

Rec. Torneio 2:28.72 Rita, Gomes CNAI Alcobaça 2004

Lugar	Ano	Tempo final	
1. Lara Carvalho, Santos	07 Náutico Académico de Coimbra	2:56.86	9,00
50m: 38.50 38.50	100m: 1:23.28 44.78	150m: 2:10.08 46.80	200m: 2:56.86 46.78
2. Rita Violante, Romao	07 Alcobaca	3:14.36	7,00
50m: 40.05 40.05	100m: 1:29.48 49.43	150m: 2:22.19 52.71	200m: 3:14.36 52.17

Prova 7 Femin., 200m Mariposa Juvenil B Femininos
25/01/2020 - 16:37 Resultados

Rec. Torneio 2:24.70 Mariana, Guerra SCC Alcobaça 2012

Lugar	Ano	Tempo final	
1. Maria Joao, Ascenso	06 Nautico Marinha Grande	2:45.13	9,00
50m: 34.68 34.68	100m: 1:15.00 40.32	150m: 1:58.78 43.78	200m: 2:45.13 46.35
2. Dalila Leal, Bernardino	06 Nucleo de Pombal	2:49.95	7,00
50m: 35.93 35.93	100m: 1:18.12 42.19	150m: 2:04.14 46.02	200m: 2:49.95 45.81
3. Constanca Arinto, Trindade	06 Alcobaca	2:57.02	6,00
50m: 38.74 38.74	100m: 1:22.95 44.21	150m: 2:10.05 47.10	200m: 2:57.02 46.97

Prova 7 Femin., 200m Mariposa Juvenil A Femininos
25/01/2020 - 16:37 Resultados

Rec. Torneio 2:20.84 Giovanna, Vargas DNMG Alcobaça 2015

Lugar	Ano	Tempo final	
1. Madalena Sampaio, Torgal	05 Bombeiros Estoris	2:58.91	9,00
50m: 37.13 37.13	100m: 1:21.23 44.10	150m: 2:08.73 47.50	200m: 2:58.91 50.18

Prova 7 Femin., 200m Mariposa Absolutos Femininos (JUN +SEN)
25/01/2020 - 16:37 Resultados

Rec. Torneio 2:16.09 Raquel, Felgueiras Alcobaça 2001

Lugar	Ano	Tempo final	
1. Giovanna Vaz, Vargas	00 Nautico Marinha Grande	2:17.58	9,00
50m: 30.67 30.67	100m: 1:05.11 34.44	150m: 1:41.51 36.40	200m: 2:17.58 36.07
2. Ana Claudia, Ferreira	90 Alcobaca	2:30.32	7,00
50m: 33.15 33.15	100m: 1:11.19 38.04	150m: 1:49.68 38.49	200m: 2:30.32 40.64
3. Maria Jardim, Fidalgo	04 Colégio Vasco da Gama	2:33.20	6,00
50m: 33.62 33.62	100m: 1:11.48 37.86	150m: 1:51.38 39.90	200m: 2:33.20 41.82
4. Sara Dias, Neves	03 Miranda do Corvo	2:33.71	5,00
50m: 34.87 34.87	100m: 1:13.88 39.01	150m: 1:53.97 40.09	200m: 2:33.71 39.74
5. Rita Afonso, Belo	02 Benedita	2:37.75	4,00
50m: 34.51 34.51	100m: 1:13.59 39.08	150m: 1:55.65 42.06	200m: 2:37.75 42.10
6. Maria Leitao, Carvalho	02 Ba-Leiria	2:37.87	3,00
50m: 34.27 34.27	100m: 1:13.07 38.80	150m: 1:54.72 41.65	200m: 2:37.87 43.15
7. Joana Isabel, Pulquerio	03 União Piedense	2:42.40	2,00
50m: 35.34 35.34	100m: 1:15.60 40.26	150m: 1:57.90 42.30	200m: 2:42.40 44.50
8. Laura Fernandes, Camacho	04 Naval do Funchal	2:46.54	1,00
50m: 36.01 36.01	100m: 1:17.58 41.57	150m: 2:01.08 43.50	200m: 2:46.54 45.46

XXIV Torneio Taça Cidade de Alcobaça 2020
Alcobaça, 25/1/2020

Prova 7, Femin., 200m Mariposa, Absolutos Femininos (JUN +SEN)

Lugar	Ano	Tempo final
9. Constanca Filipa, Rodrigues	02 Pimpoes/Cimai	2:47.81 -
50m: 35.70 35.70 100m: 1:18.28 42.58 150m: 2:03.29 45.01 200m: 2:47.81 44.52		
DNS Ana Raquel, Graveto	02 Benfica	-
EXH Maria Ines, Silva	04 Alcobaca	2:51.68 -
50m: 35.67 35.67 100m: 1:18.99 43.32 150m: 2:04.92 45.93 200m: 2:51.68 46.76		
EXH Constanca Ornelas, Baptista	06 Naval do Funchal	3:30.67 -
50m: 43.03 43.03 100m: 1:36.77 53.74 150m: 2:33.98 57.21 200m: 3:30.67 56.69		

Prova 8 Masc., 200m Mariposa Infantil B Masculinos
25/01/2020 - 16:47 Resultados

Rec. Torneio	2:32.60	Tomas, Veloso	CNAc	Alcobaça	2009
Lugar	Ano	Tempo final			
1. Rafael Pacheco, Godinho	07 Benfica	2:46.60 9,00			
50m: 36.04 36.04 100m: 1:17.87 41.83 150m: 2:03.28 45.41 200m: 2:46.60 43.32					
2. Daniel Casaca, Carvalho	07 Colégio Vasco da Gama	3:01.26 7,00			
50m: 36.79 36.79 100m: 1:20.92 44.13 150m: 2:09.89 48.97 200m: 3:01.26 51.37					
DSQ Joao Francisco, Almeida	07 Naval do Funchal	-			
<i>Falsa partida.</i>					

Prova 8 Masc., 200m Mariposa Infantil A Masculinos
25/01/2020 - 16:47 Resultados

Rec. Torneio	2:16.17	Fábio, Silva	CNAI	Alcobaça	2001
Lugar	Ano	Tempo final			
1. Daniel, Starynsky	06 Benedita	2:42.43 9,00			
50m: 35.90 35.90 100m: 1:16.62 40.72 150m: 1:59.50 42.88 200m: 2:42.43 42.93					
2. Edgar Francisco, Simoes	06 Vieiraense	2:46.57 7,00			
50m: 35.79 35.79 100m: 1:18.89 43.10 150m: 2:02.69 43.80 200m: 2:46.57 43.88					
3. Luis Afonso, Ferraz	06 Naval do Funchal	2:49.14 6,00			
50m: 36.85 36.85 100m: 1:18.90 42.05 150m: 2:04.72 45.82 200m: 2:49.14 44.42					
4. Manuel Faria, Silvestre	06 Benfica	2:52.62 5,00			
50m: 34.88 34.88 100m: 1:16.37 41.49 150m: 2:03.97 47.60 200m: 2:52.62 48.65					
5. Luca Valentino, Tona	06 Pimpoes/Cimai	2:58.93 4,00			
50m: 38.12 38.12 100m: 1:24.92 46.80 150m: 2:12.99 48.07 200m: 2:58.93 45.94					
6. Andre Pedro, Ferreira	06 Nucleo de Pombal	2:59.67 3,00			
50m: 38.82 38.82 100m: 1:25.04 46.22 150m: 2:13.12 48.08 200m: 2:59.67 46.55					

Prova 8 Masc., 200m Mariposa Juvenil B masculinos
25/01/2020 - 16:47 Resultados

Rec. Torneio	2:10.23	Fábio, Silva	CNAL	Alcobaça	2002
Lugar	Ano	Tempo final			
1. Gonçalo Duarte, Carvalho	05 Benfica	2:28.31 9,00			
50m: 31.99 31.99 100m: 1:08.81 36.82 150m: 1:48.61 39.80 200m: 2:28.31 39.70					
2. Jose Francisco, Oliveira	05 Ba-Leiria	2:35.95 7,00			
50m: 35.07 35.07 100m: 1:13.91 38.84 150m: 1:54.41 40.50 200m: 2:35.95 41.54					
3. Tomas Portugal, Silveira	05 Alcobaca	2:42.54 6,00			
50m: 36.07 36.07 100m: 1:16.62 40.55 150m: 1:59.50 42.88 200m: 2:42.54 43.04					

XXIV Torneio Taça Cidade de Alcobça 2020
Alcobça, 25/1/2020

Prova 8, Masc., 200m Mariposa

Prova 8 Masc., 200m Mariposa Juvenil A Masculinos
25/01/2020 - 16:47 Resultados

Rec. Torneio 2:05.05 Diogo, Silva CNAI Alcobça 2009

Lugar	Ano	Tempo final	
1. Vasco Silva, Sousa	04 Ba-Leiria	2:31.52	9,00
50m: 31.39 31.39	100m: 1:07.70 36.31	150m: 1:48.32 40.62	200m: 2:31.52 43.20
DSQ Rafael Caceres, Lopes	04 União Piedense		-
<i>Falsa partida.</i>			

Prova 8 Masc., 200m Mariposa Absolutos Masculinos (JUN +SEN)
25/01/2020 - 16:47 Resultados

Rec. Torneio 1:59.50 Nuno, Quintanilha Alcobça 2014

Lugar	Ano	Tempo final	
1. Tiago Roberto, Cordeiro	00 Benfica	2:05.81	9,00
50m: 28.15 28.15	100m: 1:00.49 32.34	150m: 1:32.73 32.24	200m: 2:05.81 33.08
2. Lucas Pereira, Bastos	00 Nutico Acadmico de Coimbra	2:12.15	7,00
50m: 30.12 30.12	100m: 1:04.00 33.88	150m: 1:37.97 33.97	200m: 2:12.15 34.18
3. Tiago Maria, Camoes	01 Unio Piedense	2:14.92	6,00
50m: 29.96 29.96	100m: 1:02.99 33.03	150m: 1:38.47 35.48	200m: 2:14.92 36.45
4. Henrique Pinheiro, Valente	03 Colgio Vasco da Gama	2:15.83	5,00
50m: 31.61 31.61	100m: 1:06.37 34.76	150m: 1:40.70 34.33	200m: 2:15.83 35.13
DNS Rui Joao, Marques	02 Nutico Acadmico de Coimbra		-
EXH Daniel Jose, Fernandes	04 Alcobaca	2:31.98	-
50m: 32.50 32.50	100m: 1:11.80 39.30	150m: 1:51.56 39.76	200m: 2:31.98 40.42

Prova 9 Femin., 200m Costas Infantil B Femininos
25/01/2020 - 16:59 Resultados

Rec. Torneio 2:32.76 Diana, Romao CNAL Alcobça 2014

Lugar	Ano	Tempo final	
1. Carolina Fernandes, Rodrigues	08 Unio Piedense	2:54.69	9,00
50m: 42.63 42.63	100m: 1:27.12 44.49	150m: 2:12.52 45.40	200m: 2:54.69 42.17
2. Ana Beatriz, Pires	08 Benfica	2:58.10	7,00
50m: 42.47 42.47	100m: 1:27.87 45.40	150m: 2:14.36 46.49	200m: 2:58.10 43.74
3. Iris Lucas, Ribeiro	08 Alcobaca	2:58.52	6,00
50m: 42.57 42.57	100m: 1:28.39 45.82	150m: 2:14.87 46.48	200m: 2:58.52 43.65
4. Victoria Frogeri, Pereira	08 Ba-Leiria	2:59.10	5,00
50m: 42.98 42.98	100m: 1:28.51 45.53	150m: 2:15.91 47.40	200m: 2:59.10 43.19
5. Carolina Pestana, Silva	08 Naval do Funchal	3:04.09	4,00
50m: 42.27 42.27	100m: 1:28.94 46.67	150m: 2:17.23 48.29	200m: 3:04.09 46.86
6. Sofia Raposo, Tocha	08 Vieiraense	3:22.71	3,00
50m: 48.60 48.60	100m: 1:41.35 52.75	150m: 2:33.76 52.41	200m: 3:22.71 48.95
7. Barbara Candido, Rodrigues	08 Pimpoes/Cimai	3:24.07	2,00
50m: 48.02 48.02	100m: 1:41.51 53.49	150m: 2:33.56 52.05	200m: 3:24.07 50.51
DNS Monica de Carvalho, Cardoso	08 Gesloures		-

XXIV Torneio Taça Cidade de Alcobaça 2020
Alcobaça, 25/1/2020

Prova 9, Femin., 200m Costas

Prova 9 Femin., 200m Costas Infantil A Femininos
25/01/2020 - 16:59 Resultados

Rec. Torneio	2:24.28	Catia, Martinheira	LDC	Alcobaça	2008
Lugar		Ano			Tempo final
1. Maria Leonor, Rodrigues		07	Bombeiros Estoris		2:42.97 9,00
50m: 38.32 38.32	100m: 1:19.40	41.08	150m: 2:02.82	43.42	200m: 2:42.97 40.15
2. Luisa Ponte, Jorge		07	União Piedense		2:47.68 7,00
50m: 39.43 39.43	100m: 1:22.18	42.75	150m: 2:05.43	43.25	200m: 2:47.68 42.25
3. Leonor Carreiro, Rodrigues		07	Benfica		2:50.72 6,00
50m: 40.25 40.25	100m: 1:24.30	44.05	150m: 2:08.03	43.73	200m: 2:50.72 42.69
4. Maria do Rosário, Matela		07	Colégio Vasco da Gama		2:56.06 5,00
50m: 40.66 40.66	100m: 1:25.85	45.19	150m: 2:12.21	46.36	200m: 2:56.06 43.85
5. Matilde Violante, Viana		07	Ba-Leiria		2:56.94 4,00
50m: 42.04 42.04	100m: 1:27.45	45.41	150m: 2:13.14	45.69	200m: 2:56.94 43.80
6. Luna Almeida, Rodrigues		07	Columbifila Cantanhedense		3:04.78 3,00
50m: 44.18 44.18	100m: 1:31.84	47.66	150m: 2:19.71	47.87	200m: 3:04.78 45.07
7. Matilde Santos, Coutinho		07	Naval da Nazaré		3:14.75 2,00
50m: 44.90 44.90	100m: 1:34.56	49.66	150m: 2:25.09	50.53	200m: 3:14.75 49.66
DNS Margarida Rodrigues, Gouveia		07	Gesloures		-
DNS Ailin Acosta, Jorge		07	Óbidos Criativa		-

Prova 9 Femin., 200m Costas Juvenil B Femininos
25/01/2020 - 16:59 Resultados

Rec. Torneio	2:21.05	Susana, Miguel	SFUAP	Alcobaça	2004
Lugar		Ano			Tempo final
1. Luana Cardoso, Magalhaes		06	Bombeiros Estoris		2:31.91 9,00
50m: 35.60 35.60	100m: 1:14.83	39.23	150m: 1:53.74	38.91	200m: 2:31.91 38.17
2. Carolina Martins, Camacho		06	União Piedense		2:33.43 7,00
50m: 36.29 36.29	100m: 1:14.86	38.57	150m: 1:54.35	39.49	200m: 2:33.43 39.08
3. Filipa Paiva, Dinis		06	Ba-Leiria		2:34.45 6,00
50m: 36.38 36.38	100m: 1:15.05	38.67	150m: 1:55.07	40.02	200m: 2:34.45 39.38
4. Rebeca Leonor, Antunes		06	Colégio Vasco da Gama		2:40.52 5,00
50m: 36.97 36.97	100m: 1:17.41	40.44	150m: 1:59.78	42.37	200m: 2:40.52 40.74
5. Lara Filipa, Jardim		06	Naval do Funchal		2:45.20 4,00
50m: 38.08 38.08	100m: 1:20.18	42.10	150m: 2:03.59	43.41	200m: 2:45.20 41.61
6. Joana Filipa, Varela		06	Náutico Académico de Coimbra		2:45.79 3,00
50m: 38.02 38.02	100m: 1:19.38	41.36	150m: 2:02.27	42.89	200m: 2:45.79 43.52
7. Sofia Simao, Cunha		06	Pimpoes/Cimai		2:48.31 2,00
50m: 40.08 40.08	100m: 1:22.24	42.16	150m: 2:05.56	43.32	200m: 2:48.31 42.75
8. Leonor Caetano, Moreira		06	Vieirense		2:57.47 1,00
50m: 40.71 40.71	100m: 1:25.50	44.79	150m: 2:11.61	46.11	200m: 2:57.47 45.86
9. Maria Inês, Esteves		06	Naval da Nazaré		2:58.36 -
50m: 43.13 43.13	100m: 1:28.44	45.31	150m: 2:14.61	46.17	200m: 2:58.36 43.75
10. Beatriz Goncalves, Correia		06	Benedita		3:15.47 -
50m: 46.32 46.32	100m: 1:36.22	49.90	150m: 2:26.44	50.22	200m: 3:15.47 49.03

XXIV Torneio Taça Cidade de Alcobaca 2020
Alcobaca, 25/1/2020

Prova 9, Femin., 200m Costas

Prova 9 Femin., 200m Costas Juvenil A Femininos
25/01/2020 - 16:59 Resultados

Rec. Torneio 2:19.55 Joana Ribeiro, Martins SLB Alcobaca 2018

Lugar	Ano	Tempo final	
1. Barbara Cunha, Ventura 50m: 36.56 36.56 100m: 1:15.43 38.87 150m: 1:54.87 39.44 200m: 2:33.27 38.40	05 Benfica	2:33.27	9,00
2. Iris Pereira, Carrao 50m: 37.23 37.23 100m: 1:16.65 39.42 150m: 1:56.55 39.90 200m: 2:35.89 39.34	05 Laranjeiro	2:35.89	7,00
3. Simone Filipe, Monteiro 50m: 38.12 38.12 100m: 1:18.88 40.76 150m: 1:59.97 41.09 200m: 2:40.79 40.82	05 Geslours	2:40.79	6,00
4. Sara Nunes, Conceicao 50m: 38.20 38.20 100m: 1:18.99 40.79 150m: 2:00.70 41.71 200m: 2:42.59 41.89	05 União Piedense	2:42.59	5,00
5. Maria Ines, Alves 50m: 39.99 39.99 100m: 1:23.06 43.07 150m: 2:06.94 43.88 200m: 2:50.25 43.31	05 Académica de Coimbra	2:50.25	4,00
6. Camila Cavaleiro, Silva 50m: 42.00 42.00 100m: 1:25.32 43.32 150m: 2:09.92 44.60 200m: 2:53.98 44.06	05 Columbofila Cantanhedense	2:53.98	3,00
7. Maria Silva, Carvalho 50m: 40.44 40.44 100m: 1:24.88 44.44 150m: 2:10.20 45.32 200m: 2:54.74 44.54	05 Pimpoes/Cimai	2:54.74	2,00
8. Beatriz Santos, Crespo 50m: 40.91 40.91 100m: 1:26.79 45.88 150m: 2:11.15 44.36 200m: 2:56.70 45.55	05 Vieirense	2:56.70	1,00
9. Laura Torrao, Carvalho 50m: 40.63 40.63 100m: 1:25.74 45.11 150m: 2:12.18 46.44 200m: 2:56.76 44.58	05 Náutico Académico de Coimbra	2:56.76	-
10. Beatriz da Silva, Conceição 50m: 47.10 47.10 100m: 1:37.68 50.58 150m: 2:28.41 50.73 200m: 3:17.71 49.30	05 Benedita	3:17.71	-

Prova 9 Femin., 200m Costas Absolutos Femininos (JUN +SEN)
25/01/2020 - 16:59 Resultados

Rec. Torneio 2:15.40 Francisca, Azevedo Alcobaca 2015

Lugar	Ano	Tempo final	
1. Maria Lopes, Amado 50m: 33.37 33.37 100m: 1:08.96 35.59 150m: 1:45.71 36.75 200m: 2:23.60 37.89	04 Nautico Marinha Grande	2:23.60	9,00
2. Maria Mousinho, Esteves 50m: 36.72 36.72 100m: 1:15.55 38.83 150m: 1:55.71 40.16 200m: 2:34.32 38.61	02 Laranjeiro	2:34.32	7,00
3. Rita Afonso, Belo 50m: 38.00 38.00 100m: 1:18.67 40.67 150m: 1:59.63 40.96 200m: 2:39.35 39.72	02 Benedita	2:39.35	6,00
4. Diana Valadas, Horta 50m: 38.44 38.44 100m: 1:19.25 40.81 150m: 2:00.07 40.82 200m: 2:39.69 39.62	04 União Piedense	2:39.69	5,00
5. Barbara Azambujo, Melo 50m: 36.61 36.61 100m: 1:16.65 40.04 150m: 2:00.15 43.50 200m: 2:41.57 41.42	02 Académica de Coimbra	2:41.57	4,00
6. Carolina Pereira, Pedrosa 50m: 39.92 39.92 100m: 1:21.46 41.54 150m: 2:03.42 41.96 200m: 2:44.93 41.51	02 Vieirense	2:44.93	3,00
7. Tatiana Evangelista, Rebelo 50m: 44.17 44.17 100m: 1:32.11 47.94 150m: 2:21.16 49.05 200m: 3:09.64 48.48	00 Naval da Nazaré	3:09.64	2,00
DNS Maria Miguel, Gameiro	03 Náutico Académico de Coimbra		-
DNS Constanca Alexandra, Silva	04 Pimpoes/Cimai		-
EXH Joana Maria, Martins 50m: 40.61 40.61 100m: 1:26.89 46.28 150m: 2:13.67 46.78 200m: 2:57.63 43.96	07 Alcobaca	2:57.63	-
EXH Maria Beatriz, Sousa 50m: 41.62 41.62 100m: 1:27.38 45.76 150m: 2:14.74 47.36 200m: 2:59.93 45.19	06 Naval do Funchal	2:59.93	-

XXIV Torneio Taça Cidade de Alcobça 2020
Alcobça, 25/1/2020

Prova 9, Femin., 200m Costas

Lugar	Ano	Tempo final	
EXH Flavia Mendes, Domingues	06 Nucleo de Pombal	3:04.60	-
50m: 41.25 41.25 100m: 1:28.25 47.00 150m: 2:17.31 49.06 200m: 3:04.60 47.29			
EXH Julia Freitas, Pereira	08 Naval do Funchal	3:08.74	-
50m: 43.33 43.33 100m: 1:30.66 47.33 150m: 2:19.35 48.69 200m: 3:08.74 49.39			
EXH Matilde Andre, Luis	08 Alcobça	3:12.04	-
50m: 45.62 45.62 100m: 1:34.98 49.36 150m: 2:24.16 49.18 200m: 3:12.04 47.88			

Prova 10

Masc., 200m Costas

Infantil B Masculinos

25/01/2020 - 17:29

Resultados

Rec. Torneio	2:17.85	André Vilas, Ruivo	DNMG	Alcobça	2013
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Lugar	Ano	Tempo final	
1. Goncalo Pereira, Colaco	07 Ba-Leiria	2:40.19	9,00
50m: 38.98 38.98 100m: 1:20.37 41.39 150m: 2:01.24 40.87 200m: 2:40.19 38.95			
2. Tiago Brazao, Neves	07 Naval do Funchal	2:45.58	7,00
50m: 39.68 39.68 100m: 1:21.96 42.28 150m: 2:04.70 42.74 200m: 2:45.58 40.88			
3. Martim Alexandre, Silva	07 Columbofila Cantanhedense	2:48.62	6,00
50m: 40.72 40.72 100m: 1:23.00 42.28 150m: 2:06.29 43.29 200m: 2:48.62 42.33			
4. Gabriel Martins, Tusan	07 Gesloures	2:53.85	5,00
50m: 39.59 39.59 100m: 1:23.48 43.89 150m: 2:09.35 45.87 200m: 2:53.85 44.50			
5. Francisco Jose, Fragoso	07 Vieiraense	2:54.55	4,00
50m: 40.83 40.83 100m: 1:25.37 44.54 150m: 2:11.60 46.23 200m: 2:54.55 42.95			
6. Mateus Marques, Machado	07 Benedita	3:15.13	3,00
50m: 44.83 44.83 100m: 1:34.40 49.57 150m: 2:26.02 51.62 200m: 3:15.13 49.11			
7. Gabriel Santos, Alves	07 Laranjeiro	3:23.09	2,00
50m: 46.82 46.82 100m: 1:39.77 52.95 150m: 2:32.40 52.63 200m: 3:23.09 50.69			
8. Andre Filipe, Fernandes	07 Alcobça	3:52.11	1,00
50m: 55.58 55.58 100m: 1:55.23 59.65 150m: 2:55.86 1:00.63 200m: 3:52.11 56.25			
DSQ Lucas Santos, Pereira	07 Naval do Funchal		-
<i>O nadador perdeu a posição dorsal, na viragem aos 100 metros.</i>			
DNS Jose Januario, Marques	07 Pimpoes/Cimai		-

Prova 10

Masc., 200m Costas

Infantil A Masculinos

25/01/2020 - 17:29

Resultados

Rec. Torneio	2:13.56	Ricardo, Silva	DNMG	Alcobça	2017
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Lugar	Ano	Tempo final	
1. Manuel Faria, Silvestre	06 Benfica	2:33.31	9,00
50m: 38.00 38.00 100m: 1:18.00 40.00 150m: 1:55.16 37.16 200m: 2:33.31 38.15			
2. Pedro Crispim, Jorge	06 União Piedense	2:42.85	7,00
50m: 37.48 37.48 100m: 1:18.65 41.17 150m: 2:01.03 42.38 200m: 2:42.85 41.82			
3. Pedro Fernandes, Carvalho	06 Miranda do Corvo	2:43.79	6,00
50m: 37.80 37.80 100m: 1:19.79 41.99 150m: 2:02.49 42.70 200m: 2:43.79 41.30			
4. Gabriel Zimas, Jacinto	06 Ba-Leiria	2:47.24	5,00
50m: 38.25 38.25 100m: 1:21.33 43.08 150m: 2:05.22 43.89 200m: 2:47.24 42.02			
5. Rafael Costa, Jesus	06 Nautico Marinha Grande	2:51.77	4,00
50m: 39.88 39.88 100m: 1:22.97 43.09 150m: 2:07.71 44.74 200m: 2:51.77 44.06			
6. Rodrigo Onofre, Matos	06 Gesloures	3:01.66	3,00
50m: 43.34 43.34 100m: 1:30.13 46.79 150m: 2:16.42 46.29 200m: 3:01.66 45.24			

XXIV Torneio Taça Cidade de Alcobaça 2020
Alcobaça, 25/1/2020

Prova 10, Masc., 200m Costas, Infantil A Masculinos

Lugar	Ano	Tempo final
DSQ Cristiano Nogueira, Ferreira <i>Na viragem aos 150 metros, o nadador quebrou o movimento contínuo.</i>	06 Nucleo de Pombal	-
DNS Henrique Tavares, Dias	06 Náutico Académico de Coimbra	-

Prova 10 Masc., 200m Costas Juvenil B masculinos
25/01/2020 - 17:29 Resultados

Rec. Torneio	2:07.52	Pedro, Oliveira	CNRM	Alcobaça	2003
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Lugar	Ano	Tempo final
1. Tomas Amor, Sarreira 50m: 32.94 32.94 100m: 1:08.52 35.58 150m: 1:44.75 36.23 200m: 2:20.31 35.56	05 Nautico Marinha Grande	2:20.31 9,00
2. Jose Miguel, Rocha 50m: 35.14 35.14 100m: 1:12.64 37.50 150m: 1:50.39 37.75 200m: 2:27.23 36.84	05 Columbofila Cantanhedense	2:27.23 7,00
3. Joel Michael, Fribergh 50m: 33.76 33.76 100m: 1:11.95 38.19 150m: 1:51.26 39.31 200m: 2:27.36 36.10	05 Bombeiros Estoris	2:27.36 6,00
4. Tomas Portugal, Silveira 50m: 37.60 37.60 100m: 1:18.97 41.37 150m: 2:01.31 42.34 200m: 2:43.20 41.89	05 Alcobaca	2:43.20 5,00

Prova 10 Masc., 200m Costas Juvenil A Masculinos
25/01/2020 - 17:29 Resultados

Rec. Torneio	2:05.54	Pedro, Oliveira	CNRM	Alcobaça	2004
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Lugar	Ano	Tempo final
1. Guilherme Machado, Santos 50m: 33.32 33.32 100m: 1:09.28 35.96 150m: 1:46.07 36.79 200m: 2:23.02 36.95	04 União Piedense	2:23.02 9,00
2. Lucas Pipiraite, Cardoso 50m: 32.86 32.86 100m: 1:09.47 36.61 150m: 1:49.24 39.77 200m: 2:27.34 38.10	04 Naval da Nazaré	2:27.34 7,00
3. Ricardo Pedrosa, Soares 50m: 34.06 34.06 100m: 1:12.39 38.33 150m: 1:51.67 39.28 200m: 2:30.68 39.01	04 Vieiraense	2:30.68 6,00
DSQ Leonardo Martins, Goncalves <i>Na viragem aos 150 metros, o nadador quebrou o movimento contínuo.</i>	04 Pimpoes/Cimai	-
DNS Rodrigo Neves, Fernandes	04 Gesloures	-

Prova 10 Masc., 200m Costas Absolutos Masculinos (JUN +SEN)
25/01/2020 - 17:29 Resultados

Rec. Torneio	2:01.97	Pedro, Oliveira	Alcobaça	2008
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Lugar	Ano	Tempo final
1. Ricardo Saraiva, Pires 50m: 31.69 31.69 100m: 1:06.27 34.58 150m: 1:38.70 32.43 200m: 2:09.38 30.68	98 Laranjeiro	2:09.38 9,00
2. Tomas Antonio, Silva 50m: 30.95 30.95 100m: 1:04.44 33.49 150m: 1:37.66 33.22 200m: 2:11.69 34.03	01 Naval do Funchal	2:11.69 7,00
3. Edgar Filipe, Santos 50m: 31.44 31.44 100m: 1:05.24 33.80 150m: 1:39.62 34.38 200m: 2:12.97 33.35	01 União Piedense	2:12.97 6,00
4. David Ferreira, Relvas 50m: 31.14 31.14 100m: 1:05.58 34.44 150m: 1:39.93 34.35 200m: 2:13.99 34.06	03 Nautico Marinha Grande	2:13.99 5,00
5. Antonio Santos, Pereira 50m: 31.55 31.55 100m: 1:05.92 34.37 150m: 1:41.60 35.68 200m: 2:16.99 35.39	03 Bombeiros Estoris	2:16.99 4,00
6. Paulo Sergio, Ferreira 50m: 33.55 33.55 100m: 1:11.07 37.52 150m: 1:49.85 38.78 200m: 2:26.24 36.39	03 Naval da Nazaré	2:26.24 3,00

XXIV Torneio Taça Cidade de Alcobça 2020
Alcobça, 25/1/2020

Prova 10, Masc., 200m Costas, Absolutos Masculinos (JUN +SEN)

Lugar	Ano	Tempo final
7. Joao Pedro, Vidal 50m: 34.48 34.48 100m: 1:12.82 38.34 150m: 1:53.29 40.47 200m: 2:31.43 38.14	03 Vieirense	2:31.43 2,00
DNS Gonçalo Moreira, Santos	01 Académica de Coimbra	-
EXH Joao Caldeira, Araujo 50m: 40.54 40.54 100m: 1:24.22 43.68 150m: 2:07.41 43.19 200m: 2:48.77 41.36	07 Naval do Funchal	2:48.77 -

Prova 11 Femin., 400m Livres Absolutos Femininos
25/01/2020 - 17:50 Resultados

Rec. Torneio 4:21.75 Filipa Vilas, Ruivo Alcobça 2012

Lugar	Ano	Tempo final
1. Ana Sofia, Pina 50m: 30.83 30.83 100m: 1:03.81 32.98 150m: 1:37.48 33.67 200m: 2:11.21 33.73 250m: 2:45.55 34.34 300m: 3:19.71 34.16 350m: 3:53.72 34.01 400m: 4:26.98 33.26	02 Benfica	4:26.98 9,00
2. Giovanna Vaz, Vargas 50m: 31.64 31.64 100m: 1:05.43 33.79 150m: 1:40.05 34.62 200m: 2:15.33 35.28 250m: 2:50.59 35.26 300m: 3:25.87 35.28 350m: 4:00.82 34.95 400m: 4:35.48 34.66	00 Nautico Marinha Grande	4:35.48 7,00
3. Joana Filipa, Varandas 50m: 31.98 31.98 100m: 1:06.67 34.69 150m: 1:42.15 35.48 200m: 2:18.09 35.94 250m: 2:53.76 35.67 300m: 3:29.89 36.13 350m: 4:05.85 35.96 400m: 4:41.73 35.88	02 Laranjeiro	4:41.73 6,00
4. Beatriz Quintao, Amantes 50m: 32.59 32.59 100m: 1:08.06 35.47 150m: 1:43.93 35.87 200m: 2:20.21 36.28 250m: 2:56.79 36.58 300m: 3:34.12 37.33 350m: 4:11.39 37.27 400m: 4:47.81 36.42	03 União Piedense	4:47.81 5,00
5. Ines Apolinario, Soares 50m: 33.33 33.33 100m: 1:09.30 35.97 150m: 1:45.97 36.67 200m: 2:23.18 37.21 250m: 3:00.59 37.41 300m: 3:38.61 38.02 350m: 4:16.87 38.26 400m: 4:53.89 37.02	03 Pimpoes/Cimai	4:53.89 4,00
6. Leonor Verissimo, Faria 50m: 34.13 34.13 100m: 1:10.63 36.50 150m: 1:48.04 37.41 200m: 2:25.74 37.70 250m: 3:03.36 37.62 300m: 3:40.89 37.53 350m: 4:18.63 37.74 400m: 4:54.46 35.83	06 Nucleo de Pombal	4:54.46 3,00
7. Ines Filipa, Jacinto 50m: 32.92 32.92 100m: 1:09.00 36.08 150m: 1:45.93 36.93 200m: 2:23.04 37.11 250m: 3:00.99 37.95 300m: 3:39.60 38.61 350m: 4:18.07 38.47 400m: 4:56.15 38.08	03 Ba-Leiria	4:56.15 2,00
8. Matilde Fonseca, Oliveira 50m: 34.30 34.30 100m: 1:11.14 36.84 150m: 1:48.96 37.82 200m: 2:27.46 38.50 250m: 3:06.38 38.92 300m: 3:45.54 39.16 350m: 4:25.08 39.54 400m: 5:03.87 38.79	06 Miranda do Corvo	5:03.87 1,00
9. Ines Gaspar, Silva 50m: 32.96 32.96 100m: 1:11.25 38.29 150m: 1:50.96 39.71 200m: 2:30.60 39.64 250m: 3:09.42 38.82 300m: 3:48.85 39.43 350m: 4:28.59 39.74 400m: 5:06.67 38.08	06 Geslours	5:06.67 -
10. Matilde Carvalho, Barao 50m: 33.51 33.51 100m: 1:11.31 37.80 150m: 1:50.51 39.20 200m: 2:29.89 39.38 250m: 3:09.00 39.11 300m: 3:48.70 39.70 350m: 4:29.45 40.75 400m: 5:08.26 38.81	04 Colégio Vasco da Gama	5:08.26 -
11. Cintia Cristina, Cruz 50m: 34.32 34.32 100m: 1:11.91 37.59 150m: 1:50.96 39.05 200m: 2:30.77 39.81 250m: 3:10.50 39.73 300m: 3:50.19 39.69 350m: 4:29.73 39.54 400m: 5:08.52 38.79	02 Alcobaca	5:08.52 -
12. Beatriz Pereira, Marques 50m: 36.29 36.29 100m: 1:15.32 39.03 150m: 1:54.88 39.56 200m: 2:34.49 39.61 250m: 3:13.99 39.50 300m: 3:53.20 39.21 350m: 4:32.43 39.23 400m: 5:10.31 37.88	05 Columbofila Cantanhedense	5:10.31 -
13. Laura Rodrigues, Margato 50m: 36.38 36.38 100m: 1:16.49 40.11 150m: 1:56.33 39.84 200m: 2:36.71 40.38 250m: 3:16.64 39.93 300m: 3:56.37 39.73 350m: 4:35.33 38.96 400m: 5:12.85 37.52	04 Académica de Coimbra	5:12.85 -
14. Beatriz Andre, Gaspar 50m: 35.88 35.88 100m: 1:14.53 38.65 150m: 1:54.48 39.95 200m: 2:35.36 40.88 250m: 3:15.35 39.99 300m: 3:55.98 40.63 350m: 4:36.77 40.79 400m: 5:16.42 39.65	06 Náutico Académico de Coimbra	5:16.42 -

XXIV Torneio Taça Cidade de Alcobaca 2020
Alcobaca, 25/1/2020

Prova 11, Femin., 400m Livres, Absolutos Femininos

Lugar			Ano					Tempo final		
15.	Beatriz Rodrigues, Freitas		06	Naval do Funchal				5:17.72	-	
	50m: 36.12	36.12	150m: 1:55.61	40.24	250m: 3:17.41	41.06	350m: 4:39.03	40.59		
	100m: 1:15.37	39.25	200m: 2:36.35	40.74	300m: 3:58.44	41.03	400m: 5:17.72	38.69		
16.	Ana Rui, Gomes		03	Naval da Nazaré				5:25.94	-	
	50m: 34.45	34.45	150m: 1:55.38	41.38	250m: 3:19.78	42.51	350m: 4:44.17	42.36		
	100m: 1:14.00	39.55	200m: 2:37.27	41.89	300m: 4:01.81	42.03	400m: 5:25.94	41.77		
17.	Leonor Caetano, Moreira		06	Vieirense				5:38.49	-	
	50m: 37.35	37.35	150m: 2:03.04	42.58	250m: 3:28.85	42.48	350m: 4:55.63	43.75		
	100m: 1:20.46	43.11	200m: 2:46.37	43.33	300m: 4:11.88	43.03	400m: 5:38.49	42.86		
18.	Renata Santos, Monteiro		08	Óbidos Criativa				7:23.19	-	
	50m: 46.94	46.94	150m: 2:40.15	57.39	250m: 4:36.15	57.37	350m: 6:29.04	55.86		
	100m: 1:42.76	55.82	200m: 3:38.78	58.63	300m: 5:33.18	57.03	400m: 7:23.19	54.15		

Prova 12

Masc., 400m Livres

Absolutos Masculinos

25/01/2020 - 18:10

Resultados

Rec. Torneio 3:55.86 João, Gil Alcobaca 2017

Lugar			Ano					Tempo final		
1.	Tomas Miguel, Veloso		96	Náutico Académico de Coimbra				4:03.98	9,00	
	50m: 28.22	28.22	150m: 1:29.65	30.77	250m: 2:31.43	31.08	350m: 3:34.69	31.41		
	100m: 58.88	30.66	200m: 2:00.35	30.70	300m: 3:03.28	31.85	400m: 4:03.98	29.29		
2.	David Matias, Cristino		01	União Piedense				4:06.71	7,00	
	50m: 29.03	29.03	150m: 1:31.73	31.35	250m: 2:34.23	31.28	350m: 3:35.70	30.13		
	100m: 1:00.38	31.35	200m: 2:02.95	31.22	300m: 3:05.57	31.34	400m: 4:06.71	31.01		
3.	Joao Mota, Correia		97	Benfica				4:13.14	6,00	
	50m: 28.72	28.72	150m: 1:31.77	31.86	250m: 2:35.47	31.87	350m: 3:40.31	32.67		
	100m: 59.91	31.19	200m: 2:03.60	31.83	300m: 3:07.64	32.17	400m: 4:13.14	32.83		
4.	Pedro Barata, Neves		00	Laranjeiro				4:17.77	5,00	
	50m: 29.23	29.23	150m: 1:33.52	32.59	250m: 2:39.40	32.94	350m: 3:45.23	32.83		
	100m: 1:00.93	31.70	200m: 2:06.46	32.94	300m: 3:12.40	33.00	400m: 4:17.77	32.54		
5.	Pedro Dordio, Carreiro		97	Geslours				4:22.32	4,00	
	50m: 30.24	30.24	150m: 1:36.02	33.20	250m: 2:42.29	33.08	350m: 3:49.22	33.69		
	100m: 1:02.82	32.58	200m: 2:09.21	33.19	300m: 3:15.53	33.24	400m: 4:22.32	33.10		
6.	David Ferreira, Relvas		03	Nautico Marinha Grande				4:23.84	3,00	
	50m: 29.74	29.74	150m: 1:36.73	33.71	250m: 2:44.54	33.89	350m: 3:51.53	33.48		
	100m: 1:03.02	33.28	200m: 2:10.65	33.92	300m: 3:18.05	33.51	400m: 4:23.84	32.31		
7.	Daniel Rochinha, Pedro		98	Bombeiros Estoris				4:24.41	2,00	
	50m: 28.65	28.65	150m: 1:32.06	32.30	250m: 2:40.03	34.44	350m: 3:49.77	35.00		
	100m: 59.76	31.11	200m: 2:05.59	33.53	300m: 3:14.77	34.74	400m: 4:24.41	34.64		
8.	Afonso Filipe, Costa		03	Naval da Nazaré				4:27.30	1,00	
	50m: 29.44	29.44	150m: 1:37.77	34.80	250m: 2:46.24	34.09	350m: 3:55.39	34.01		
	100m: 1:02.97	33.53	200m: 2:12.15	34.38	300m: 3:21.38	35.14	400m: 4:27.30	31.91		
9.	Guilherme Maia, Cardoso		05	Columbofila Cantanhedense				4:28.99	-	
	50m: 30.71	30.71	150m: 1:37.73	33.99	250m: 2:46.61	34.38	350m: 3:55.81	34.64		
	100m: 1:03.74	33.03	200m: 2:12.23	34.50	300m: 3:21.17	34.56	400m: 4:28.99	33.18		
10.	Daniel, Tsykal		04	Alcobaca				4:29.21	-	
	50m: 30.21	30.21	150m: 1:38.44	34.28	250m: 2:46.67	34.35	350m: 3:55.53	34.61		
	100m: 1:04.16	33.95	200m: 2:12.32	33.88	300m: 3:20.92	34.25	400m: 4:29.21	33.68		
11.	Joao Luis, Matos		03	Colégio Vasco da Gama				4:35.53	-	
	50m: 30.34	30.34	150m: 1:39.17	35.15	250m: 2:50.24	35.50	350m: 4:01.52	35.55		
	100m: 1:04.02	33.68	200m: 2:14.74	35.57	300m: 3:25.97	35.73	400m: 4:35.53	34.01		
12.	Maxim, Kulik		99	Académica de Coimbra				4:43.50	-	
	50m: 28.90	28.90	150m: 1:36.27	34.67	250m: 2:50.40	37.28	350m: 4:06.26	38.05		
	100m: 1:01.60	32.70	200m: 2:13.12	36.85	300m: 3:28.21	37.81	400m: 4:43.50	37.24		

XXIV Torneio Taça Cidade de Alcobaça 2020
Alcobaça, 25/1/2020

Prova 12, Masc., 400m Livres, Absolutos Masculinos

Lugar	Ano	Tempo final
13. David Almeida, Gameiro	03 Nucleo de Pombal	4:46.41 -
50m: 31.86 31.86	150m: 1:42.01 35.37	250m: 2:55.70 37.33
100m: 1:06.64 34.78	200m: 2:18.37 36.36	300m: 3:33.35 37.65
		350m: 4:10.41 37.06
		400m: 4:46.41 36.00
14. Samuel Baptista, Figueira	05 Miranda do Corvo	4:51.17 -
50m: 31.06 31.06	150m: 1:42.44 36.88	250m: 2:57.94 37.85
100m: 1:05.56 34.50	200m: 2:20.09 37.65	300m: 3:36.35 38.41
		350m: 4:15.16 38.81
		400m: 4:51.17 36.01
15. Pedro Pinheiro, Ribeiro	05 Benedita	5:01.13 -
50m: 32.83 32.83	150m: 1:48.98 38.21	250m: 3:06.70 38.65
100m: 1:10.77 37.94	200m: 2:28.05 39.07	300m: 3:45.23 38.53
		350m: 4:24.02 38.79
		400m: 5:01.13 37.11
16. Luis Afonso, Ferraz	06 Naval do Funchal	5:09.69 -
50m: 35.50 35.50	150m: 1:54.33 40.19	250m: 3:14.48 39.90
100m: 1:14.14 38.64	200m: 2:34.58 40.25	300m: 3:54.47 39.99
		350m: 4:34.35 39.88
		400m: 5:09.69 35.34
17. Ricardo Pedrosa, Soares	04 Vieiraense	5:11.50 -
50m: 33.34 33.34	150m: 1:50.04 38.94	250m: 3:09.78 40.18
100m: 1:11.10 37.76	200m: 2:29.60 39.56	300m: 3:50.54 40.76
		350m: 4:31.45 40.91
		400m: 5:11.50 40.05
DNS Lucas Filipe, Moreira	05 Ba-Leiria	-
EXH Carlos Manuel, Marques	00 Académica de Coimbra	4:45.88 -
50m: 31.33 31.33	150m: 1:40.94 35.20	250m: 2:54.16 36.84
100m: 1:05.74 34.41	200m: 2:17.32 36.38	300m: 3:31.65 37.49
		350m: 4:08.83 37.18
		400m: 4:45.88 37.05

Prova 13 Femin., 4 x 100m Estilos Absolutos Femininos
25/01/2020 - 18:38 Resultados

Rec. Torneio 4:24.01 CNCVG Alcobaça 2006

Lugar	Tempo final
1. Nautico Marinha Grande 1	4:31.96 18,00
Maria Lopes, Amado	04 32.45 1:07.64
Margarida Correia, Madeira	06 37.27 1:19.23
	00 29.89 1:03.85
	04 29.13 1:01.24
2. Benfica 1	4:42.67 14,00
Barbara Cunha, Ventura	05 35.45 1:12.70
Maria Carolina, Vargas	05 39.34 1:22.97
	02 30.60 1:07.03
	02 28.95 59.97
3. Ba-Leiria 1	4:47.30 12,00
Filipa Paiva, Dinis	06 34.80 1:11.97
Filipa Roma, Brizida	06 36.94 1:19.91
	02 33.38 1:12.59
	03 29.51 1:02.83
4. Alcobaca 1	4:51.57 10,00
Alexandra Cordeiro, Silva	04 37.52 1:17.45
Juliana Branco, Reis	05 37.24 1:20.21
	90 31.19 1:07.56
	05 31.56 1:06.35
5. Colégio Vasco da Gama 1	4:54.36 8,00
Catarina Alexandra, Marques	04 38.36 1:19.08
Rebeca Leonor, Antunes	06 37.48 1:21.29
	04 32.03 1:08.86
	03 29.92 1:05.13
6. União Piedense 1	4:58.73 6,00
Carolina Martins, Camacho	06 36.07 1:13.58
Joana Isabel, Pulquerio	03 40.41 1:26.56
	03 32.40 1:11.85
	04 30.53 1:06.74
7. Pimpoes/Cimai 1	5:02.67 4,00
Maria Silva, Carvalho	05 39.08 1:20.61
Ines Apolinario, Soares	03 37.24 1:18.93
	02 34.36 1:15.63
	06 31.85 1:07.50
8. Geslours 1	5:05.48 2,00
Simone Filipe, Monteiro	05 35.97 1:14.04
Madalena Correa, Sa	06 39.25 1:25.76
	03 34.52 1:14.10
	06 33.66 1:11.58
9. Bombeiros Estoris 1	5:07.43 -
Maria Leonor, Rodrigues	07 37.68 1:17.04
Luana Cardoso, Magalhaes	06 40.82 1:28.31
	05 33.94 1:14.44
	05 31.71 1:07.64

XXIV Torneio Taça Cidade de Alcobaça 2020
Alcobaça, 25/1/2020

Prova 13, Femin., 4 x 100m Estilos, Absolutos Femininos

Lugar					Tempo final			
10.	Miranda do Corvo 1	Miranda do Corvo				5:08.43 -		
	Matilde Fonseca, Oliveira	06	37.74	1:18.17	Sara Dias, Neves	03	32.79	1:11.57
	Maria Caetano, Lamas	04	37.17	1:20.54	Julia Maria, Soares	08	35.60	1:18.15
11.	Náutico Académico de Coimbra 1	Náutico Académico de Coimbra				5:11.31 -		
	Joana Filipa, Varela	06	37.82	1:18.48	Marta Domingues, Gameiro	04	36.56	1:19.65
	Laura Torrao, Carvalho	05	41.81	1:29.91	Matilde Domingues, Gameiro	97	29.65	1:03.27
12.	Naval do Funchal 1	Naval do Funchal				5:12.91 -		
	Lara Filipa, Jardim	06	36.81	1:17.09	Laura Fernandes, Camacho	04	34.03	1:14.27
	Beatriz Meneses, Sequeira	06	41.34	1:28.95	Maria Leonor, Ferro	06	34.58	1:12.60
13.	Académica de Coimbra 1	Académica de Coimbra				5:13.41 -		
	Barbara Azambujo, Melo	02	35.89	1:16.21	Ana Filipa, Silva	04	35.96	1:19.25
	Maria Ines, Alves	05	41.03	1:27.45	Laura Rodrigues, Margato	04	34.05	1:10.50
14.	Laranjeiro 1	Laranjeiro				5:14.52 -		
	Maria Mousinho, Esteves	02	34.85	1:12.16	Joana Filipa, Varandas	02		
	Madalena Melo, Costa	07	49.66		Iris Pereira, Carrao	05	29.81	1:03.04
15.	Vieirense 1	Vieirense				5:28.03 -		
	Beatriz Santos, Crespo	05	39.16	1:21.36	Leonor Caetano, Moreira	06	37.84	1:23.47
	Carolina Pereira, Pedrosa	02	39.61	1:25.74	Carolina Ferreira, Fonseca	07	36.48	1:17.46
16.	Nucleo de Pombal 1	Nucleo de Pombal				5:30.16 -		
	Flavia Mendes, Domingues	06	42.75	1:27.24	Dalila Leal, Bernardino	06	34.90	1:18.39
	Ana Luisa, Rendeiro	06	45.20	1:36.16	Leonor Verissimo, Faria	06	33.16	1:08.37
17.	Naval da Nazaré 1	Naval da Nazaré				5:35.84 -		
	Maria Inês, Esteves	06	39.61	1:21.24	Ana Rui, Gomes	03	34.46	1:18.61
	Tatiana Evangelista, Rebelo	00	46.68	1:41.55	Camila Gracio, Santo	02	35.21	1:14.44

Prova 14
25/01/2020 - 18:56

Masc., 4 x 100m Estilos

Absolutos Masculinos
Resultados

Rec. Torneio 3:52.86 CNCVG Alcobaça 2014

Lugar					Tempo final			
1.	Benfica 1	Benfica				3:57.24 18,00		
	Joao Mota, Correia	97	29.37	1:00.35	Tiago Roberto, Cordeiro	00	27.20	58.09
	Ricardo Samuel, Pereira	03	30.80	1:05.70	Miguel Henriques, Marques	00	24.38	53.10
2.	União Piedense 1	União Piedense				4:03.17 14,00		
	David Matias, Cristino	01	29.61	1:00.60	Edgar Filipe, Santos	01	27.54	59.85
	Joao Daniel, Machado	99	31.29	1:07.64	Tiago Maria, Camoes	01	25.53	55.08
3.	Nautico Marinha Grande 1	Nautico Marinha Grande				4:12.52 12,00		
	Miguel Vicente, Silva	02	30.06	1:02.64	David Ferreira, Relvas	03	28.73	1:01.74
	Afonso Varelas, Silva	01	32.99	1:11.67	Tomas Amor, Sarreira	05	26.97	56.47
4.	Náutico Académico de Coimbra 1	Náutico Académico de Coimbra				4:16.38 10,00		
	Lucas Pereira, Bastos	00	29.88	1:02.46	Tomas Miguel, Veloso	96	27.73	59.59
	Jose Miguel, Silva	02	35.76	1:16.76	Vasco Pereira, Bastos	02	26.56	57.57
5.	Bombeiros Estoris 1	Bombeiros Estoris				4:21.45 8,00		
	Antonio Santos, Pereira	03	30.15	1:01.91	Daniel Rochinha, Pedro	98	27.35	59.31
	Goncalo Miguel, Rodrigues	03	37.08	1:19.44	Joel Michael, Fribergh	05	29.03	1:00.79
6.	Laranjeiro 1	Laranjeiro				4:26.51 6,00		
	Ricardo Saraiva, Pires	98	29.40	59.32	Pedro Barata, Neves	00	27.36	59.27
	Daniel Elias, Duarte	04	38.37	1:22.40	Rodrigo Rebelo, Pereira	04	30.87	1:05.52
7.	Colégio Vasco da Gama 1	Colégio Vasco da Gama				4:30.50 4,00		
	Tomás Santos, Braga	07	35.77	1:14.59	Henrique Pinheiro, Valente	03	28.68	1:01.42
	Joao Luis, Matos	03	33.30	1:12.31	Guilherme Carmo, Manz	03	28.93	1:02.18
8.	Naval do Funchal 1	Naval do Funchal				4:32.96 2,00		
	Joao Luis, Rodrigues	05	32.10	1:07.53	Leonardo Filipe, Ferreira	04	30.61	1:07.39
	Tony Stefano, Silva	05	33.87	1:16.25	Alexandre, Volozhenin	05	29.86	1:01.79

XXIV Torneio Taça Cidade de Alcobaça 2020
Alcobaça, 25/1/2020

Prova 14, Masc., 4 x 100m Estilos, Absolutos Masculinos

Lugar					Tempo final			
9.	Naval da Nazaré 1	Naval da Nazaré				4:38.09	-	
	Afonso Filipe, Costa	03	30.14	1:03.88	Lucas Pipiraite, Cardoso	04	30.45	1:08.68
	Paulo Sergio, Ferreira	03	37.05	1:18.78	Vasco Pedro, Branco	06	31.06	1:06.75
10.	Alcobaca 1	Alcobaca				4:40.68	-	
	Tomas Portugal, Silveira	05	37.02	1:16.28	Daniel Jose, Fernandes	04	31.99	1:09.91
	Vasco Peixoto, Oliveira	04	34.73	1:14.76	Daniel, Tsykal	04	28.28	59.73
11.	Miranda do Corvo 1	Miranda do Corvo				4:44.37	-	
	Samuel Baptista, Figueira	05	34.88	1:10.65	Carlos Eduardo, Bento	05	31.72	1:10.60
	Tomas Jose, Francisco	05	39.04	1:23.73	Afonso Miguel, Amado	05	28.31	59.39
12.	Académica de Coimbra 1	Académica de Coimbra				4:47.89	-	
	Maxim, Kulik	99	34.82	1:11.50	Gabriel Jose, Julio	01	30.69	1:08.44
	Bernardo Jorge, Ventura	03	43.09	1:29.31	Carlos Manuel, Marques	00	28.23	58.64
13.	Geslours 1	Geslours				4:51.68	-	
	Miguel Dordio, Carreiro	97	34.25	1:11.19	Bruno Miguel, Martins	93	28.64	1:03.31
	Daniel Munoz, Lopes	05	38.54	1:23.69	Gabriel Martins, Tusan	07	34.05	1:13.49
14.	Pimpoes/Cimai 1	Pimpoes/Cimai				4:57.32	-	
	Dylan Marques, Felix	05	36.78	1:15.78	Luca Valentino, Tona	06	34.25	1:19.49
	Pedro Fernandes, Carrico	00	33.55	1:13.96	Leonardo Martins, Goncalves	04	31.76	1:08.09
15.	Vieirense 1	Vieirense				5:00.21	-	
	Francisco Jose, Fragoso	07	39.54	1:22.40	Edgar Francisco, Simoes	06	34.48	1:16.20
	Ricardo Pedrosa, Soares	04	39.51	1:23.45	Joao Pedro, Vidal	03	27.32	58.16
16.	Nucleo de Pombal 2	Nucleo de Pombal				5:21.45	-	
	Cristiano Nogueira, Ferreira	06	37.77	1:17.04	Andre Pedro, Ferreira	06	38.95	1:26.81
	Afonso Santos, Silva	06	44.13	1:36.36	David Almeida, Gameiro	03	29.14	1:01.24
17.	Benedita 1	Benedita				5:21.79	-	
	Mateus Marques, Machado	07	45.43	1:33.31	Daniel, Starynsky	06	34.78	1:17.76
	Pedro Pinheiro, Ribeiro	05	38.21	1:21.19	Eduardo Caetano, Montez	06	32.33	1:09.53
DSQ	Ba-Leiria 1	Ba-Leiria					-	
	<i>No percurso de Bruços o atleta efetuou duas pernadas de golfinho.</i>							
	Vasco Silva, Sousa, Manuel Maria, Frois, Jose Francisco, Oliveira, Joao Gabriel, Aniceto							

Prova 15
25/01/2020 - 19:19

Femin., 200 Estilos MIX
EXTRA COMPETIÇÃO

Absoluto
Resultados

Lugar

Prova 16
25/01/2020 - 19:22

Ano

Masc., 200 Estilos MIX
EXTRA COMPETIÇÃO

Tempo final

Absoluto
Resultados

Lugar

Ano

Tempo final